



NATIONAL
SPEECH & DEBATE
ASSOCIATION
NATIONAL FORENSIC LEAGUE

Middle School Competition Events Guide

UPDATED 02/19/2016

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The purpose of the Competition Events Guide is to assist members in learning about the events the Association offers. It provides insights into how to get started in each event. The guide is not a rules document, but, instead, a tool for understanding the fundamentals of events. There is no document that could adequately explain the in's and out's of every event. Getting to tournaments is the best way to learn about the intricacies of an event. Therefore, this guide is intended to help members get a performance up on its feet and to its first set of tournaments.

The guide is not an authoritative source on how speech and debate events should be done. Rather, the materials offered are suggestions for how to get started. The ideas presented are offered by past competitors and coaches to orient members to the events. While the suggestions offered are well thought out and tested, there are innumerable ways people may begin a speech, case, or interpretation.

The most important advice we can offer is simple. Do your best! This means that you should do your best to practice, get to a tournament, and reflect upon your experiences. Speech and debate is a journey. Enjoy the process!

Middle School Competition Events Guide



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An Introduction to Declamation (DEC)



Event Description

Declamation requires students to select a speech that was delivered in public and perform an excerpt of that speech to an audience. Speeches are up to 10 minutes in length. As a result, students typically shorten the text of the speech to meet time requirements. The event is not designed for students to mimic the original author of the speech. Instead, speakers are to develop an oration that delivers the message of the author in an original and engaging manner.

Considerations for Selecting Literature

It is important for students to select a speech that is meaningful to them. The speech could be meaningful because of the style or the content of the speech. It is important that the student find a speech that they not only fully understand, but also, can effectively deliver both verbally and nonverbally. Students should consider more than their enjoyment of the speech, but also, whether or not the audience can connect to the speech as well. Finally, students should not pick a speech because they are impressed by the original speaker's delivery. They should select a speech that they are confident they can persuasively deliver.

Traits of Successful DEC Performers

When considering what event you should choose, or which direction to point a student when selecting an event, here are some traits of successful DEC students to keep in mind:

- Persuasive
- Confident
- Expressive
- Good at Memorization
- Process Oriented
- Creative

Samples of Past DEC Titles

- “Commencement Address to Tulane University” by Ellen DeGeneres
- “I Have a Dream” by Martin Luther King Jr.
- “Farewell to Baseball” by Louis Gehring
- “Adopting the Declaration of Human Rights” by Eleanor Roosevelt
- “Commencement Address to University of Michigan” by Dick Costolo
- “What to the Slave is the Fourth of July” by Frederick Douglass
- “Quit India” by Mahatma Gandhi
- “Give me Liberty or Give me Death” by Patrick Henry
- “The Gettysburg Address” by Abraham Lincoln
- “Commencement Address to University of Virginia” by Stephen Colbert

Learn More! The National Speech & Debate Association is the leading provider of competitive & educational resources to aid students and coaches as they explore our competitive events. For Declamation, we have final round performances from past Middle School Nationals available to members. Additionally, the resources on persuasion for MS orators would also apply to Declamation. Webinars on delivery would also be a go-to resource for members. Take advantage of the amazing benefits of being a member by using our resources to help you advance yourself in competitive speech & debate activities. .

Find Your Voice

Declamation was the first speech event I did as a freshmen. It removed some of the pressure because the words were already written (very well written at that, usually by famous people), but I still had to find the right way to deliver them. Playing with different ways to deliver the speech allowed me to explore speech patterns, breathing methods, and all of the other devices important in speech delivery. It helped create a foundation for my success in other speech events.”

— Sarah Gordon, Association Alum

Middle School Competition Events – At A Glance

Declamation



Basic Understandings

Declamation is a public speaking event where students deliver a portion or portions of a speech previously delivered. The goal of a declamation is to convey a message with clarity, emotion, and persuasiveness. The speech the student delivers can be any publicly delivered speech. Commencement addresses, historical speeches, political speeches, and celebrity speeches are common examples that students may use to select their declamation.



Research

Finding quality speeches to deliver in declamation is one of the easier things that students can research in competitive speech and debate. The full text of speeches, and videos or recordings of speeches, can be found online in simple searches. However, it is important to note that students may not listen to a recording or watch a speech and transcribe what was said. They must find a published transcript of the speech in order to deliver it in competition.

Here are some potential sites you could visit:

- www.americanrhetoric.com/top100speechesall.html
- www.historyplace.com/speeches/previous.htm
- content.time.com/time/specials/packages/article/0,28804,1841228_1841749_1841736,00.html
- www.theguardian.com/theguardian/series/greatspeeches
- www.usatoday.com/story/money/personalfinance/2014/05/11/cnbc-12-best-commencement-speeches-of-all-time/8941633/
- www.realclearsports.com/lists/top_10_sports_speeches/

Some common search terms:

- political speeches/address
- commencement speeches/address
- historical speeches/address
- social movement speeches/address
- moving speeches

Often students find amazing speeches to deliver in other mediums beyond just the internet. For instance, a student may find a great speech on music education in an educational magazine or journal, or a student may find a speech about a discovery in a scientific publication.

Structural Components

There are a couple of key structural components of DEC:

First, the “cutting.” Your cutting is the 10 minute portion of your selection you chose to perform. This is how you’ve arranged the performance, and what aspects of the speech you’ve decided to tell. It is okay for sections of the speech to be moved around to help make the ten-minute version you’re delivering flow best.

Second, the “introduction.” After you have selected the portion of the text you want to deliver, and organized it, you need to write out an introduction. At a minimum, the introduction should establish the title of the speech, the author, and when it was delivered. Typically students will do a short portion of the speech before delivering their intro. Some students do the introduction and then go into the speech.

Middle School Competition Events – At A Glance

Declamation



The declamation could follow this general structure:

Teaser - thirty to forty-five seconds - student delivers a small portion of the speech to establish the mood and general theme

Introduction - twenty to thirty seconds - student delivers the introduction

Main Body of Speech - seven to eight minutes - student delivers the main points of the speech

Conclusion of Speech - thirty to forty-five seconds - student wraps up the speech.

Organizing

Before memorizing the material, take the time to “beat” out your script. This means reading the script aloud and making notes as you go. As you read aloud, use symbols to indicate shorter pauses “/” or longer pauses “//.” Consider the emotions behind each line. Ask yourself what the motivation for the speaker’s words are. Use this to influence your own choices.

Indicate transitional movement and gesturing in the margins of your script. Typically a declamation student will move during key transitions in the speech. For instance, after the “teaser” of the speech and introduction, the speaker may move to one side of the room to deliver the first main point, then move back to the middle for the second main point, before going to the other side of the room for the final main point. The speaker will end up in the same point they started when delivering the conclusion.

When considering gestures, the speaker needs to remember that this is a public speaking event. They are delivering the message of someone else; however, it is not full-on interpretation with excessive blocking. Gestures should not be a focal point of the declamation. Choose gestures that reflect the emotional state of the speaker. Think in terms of symbolic gestures and psychological gestures. A symbolic gesture is a gesture that is not commonly used in day to day communication. Example: if you were to show me what “freedom” looked like, you may outstretch your arms. It communicates without words the idea of freedom. A psychological gesture is one that

is found in conversation. Examples include scratching your nose or shaking your head yes or no. These are typically more subtle and easier to incorporate into a declamation.

Read your script aloud. Eliminate any excess language that sounds awkward or is unnecessarily redundant. Declamation scripts should be no more than 1,200 words, which requires continuous cutting of superfluous language.



Standing it Up/Practicing

Often, you’ll find that if you’ve spent the appropriate amount of time reading, cutting, and analyzing a script, memorization will be an easier process. Here are some things to keep in mind, to help simplify the process:

First, our brains are a muscle. The more time you practice memorizing the better you become. Often, performers take more time in the beginning of a season to commit a script to memory than they do at the end of the competitive season.

Next, memorization is a physical process. Sitting down staring at a script, re-reading the lines in your head will not be beneficial. Memorize the script with the intent to perform it. Type up a clean version with only your finalized text and movement/gesture notes. Then, tape it to the wall and actively memorize. Read the lines aloud moving with them as indicated by your cutting. Sometimes, it’s helpful to do this in front of a mirror, so you can evaluate the effectiveness of your movements. It is helpful to memorize a paragraph at a time, building off of the paragraph that came before. This will significantly decrease the time it takes to memorize your performance.

Middle School Competition Events – At A Glance

Declamation



Once memorized, you and your coach can then build from the choices you've made for your performance. Adjustments to movement, gestures, and delivery can be made.



Keep a notebook for between rounds. Sometimes another person's performance will inspire you and it's a good idea to have a notebook handy to write down new ideas. It's also nice to know who you competed against in each round. This way, you have a better understanding of who your competition is. When you review your ballots after the tournament, you can go back through your notebook and compare your ballots to your notes.

Between rounds, figure out what room you will be performing in next. Congratulate your competitors on a good performance after the round ends, and make friends during downtime. Be gracious, and keep criticisms of other performers to yourself, even if someone else tries to start a negative conversation.

Resources

The National Speech & Debate Association offers a number of resources. These include, but are not limited to, past national final round performances, lesson plans, textbooks, and more. Given that declamation is a public speaking event, many of the public speaking resources are applicable to declamation.

Performance Tips

It may sound cliché, but confidence is key! If you've put in the legwork, you should feel confident in the product you've created. Walk into that round with your head held high, ready to show the world what you've got! Trust what you and your coach created. Do what you practiced, and if you feel compelled to "try something new," review it with your coach beforehand. Consistency is key. It's hard to evaluate what to change in practice if your performance in the round is completely different than what you've been working on.

Pay attention to other performers. Smile, be a warm, inviting audience member. There is nothing worse than getting up to perform and having an audience that either stone faces you or won't look you in the eye. Think of it this way: each round is about 60 minutes. Ten of those involve you performing, the other 50 are for you to listen, learn, and support your competitors.

An Introduction to Dramatic Interpretation (DI)



Event Description

Using a play, short story, or other published work, students perform a selection of one or more portions of a piece up to ten minutes in length. With a spotlight on character development and depth, Dramatic Interpretation focuses on a student's ability to convey emotion through the use of a dramatic text. Competitors may portray one or multiple characters. No props or costumes may be used. Performances may also include an introduction written by the student to contextualize the performance and state the title and author.

Considerations for Selecting DI Literature

Students who do Dramatic Interpretation may perform selections on topics of serious social subject matter such as coping with terminal illness; significant historical situations, events, and figures; as well as racial and gender discrimination, suppression, and oppression. Students should select pieces that are appropriate for them. Considerations for selecting a DI topic should include the student's age, maturity, and school standards.


Traits of Successful DI Performers

When considering what event you should choose, or in which direction to point a student when selecting an event, below are some general traits of successful DIers to keep in mind:

- Insightful character analysis
- Mature demeanor
- Controlled performance
- Depth/breadth of emotion
- Makes motivated choices
- Expressive

Examples of Past DI Titles

- *Life of Pi* by Yann Martel
- *Master Class* by Terrence McNally
- *Pretty Fire* by Charlene Woodard
- *Shape of a Girl* by Joan McLeod
- *Inside Out Upside Down* by Four Young Playrights
- *Spoonface Steinberg* by Lee Hall
- *The Bald and the Beautiful* by JJ Jonas
- *The Women of Lockerbie* by Deborah Revooort
- *Voices from Chernobyl: The Oral History of a Nuclear Disaster* by Svetlana Alexievich
- *Crafty* by Paul Rudnick

Learn More! The National Speech & Debate Association is the leading provider of competitive and educational resources to aid students and coaches as they explore our competitive events. For Dramatic Interpretation, we provide a number of helpful resources—including live and recorded webinars designed to introduce foundational and advanced concepts in Interp; access to DI final round videos; an interpretation textbook for Resource Package subscribers; videos from champion coaches; and much more more! Take advantage of the amazing benefits of being a member by using our resources to help you advance yourself in competitive speech and debate activities. Visit www.speechanddebate.org for more information. 

Find Your Voice

“DI helped me develop a better understanding of the world in which I live. To be able to create a narrative that portrays a person you have never known or a situation you've never been in so others can learn from it is worth everything.”

— **Jamaque Newberry, Association Alum**

Middle School Competition Events – At A Glance

Dramatic Interpretation



Basic Understandings

Dramatic Interpretation, contrary to its name, is not all about drama. While dramatic elements are key aspects of the event, melodramatic, or overly-sad selections are not ideal choices for performance. DI lacks props, costuming, sets, and other luxuries seen in various forms of performance art. There is a set time limit of ten minutes, with a thirty second grace period. Students who choose to compete in Dramatic Interpretation should focus on suspending the disbelief of the audience by portraying a realistic, emotional journey of a character(s). The performance should connect to the audience.

Research

When looking for a Dramatic Interpretation, it's important to know your limitations, and your strengths. Technical skills, vocal flexibility, physicality, and gender can be factors in your choice. Additionally, it's important to think of the performance itself when searching for a script. Does the literature lend itself to performance, or is the language too flowery? Is the plot complicated or is it a simple story told in a simple way? Think about what you are capable of, and how you would like to be challenged throughout the season when making a selection. Remember to consult your state's rules in regards what is acceptable literature.

Ask yourself, what kind of character am I comfortable playing? What kind of story am I comfortable telling? What story do I want to tell? Narrow your search from there. Remember to keep an open mind. Sometimes, you can create an ideal of the piece you'd like to perform, and reject other suggestions that come along the way. Sometimes it's better to try something different that will stretch you as a performer.

When searching for a script, it's important that the language sounds natural when read aloud. For instance, Shakespeare and Hemingway may be less effective choices for DI because the language is archaic and less conversational. Find a script that when read aloud, feels natural, or comfortable to speak and hear.

Tense is also an important factor of selecting a dramatic interpretation. Because the majority of DI's take place

within one scene, or have an anchor reality, the tense should reflect the reality the character is telling the story from. An anchor reality is the imagined-space from which the character is speaking. For instance, a house-wife's anchor reality may be her kitchen. Throughout the story, she may move to other realities that exist in a different space and time, but she will return to tell her story from her anchor reality. Also, consider how the tense will influence blocking, or movement in the performance space, before deciding on a selection.

Go to your local library, visit the biographies section of a bookstore, or visit Play Scripts, Dramatists, or Samuel French online. These are just a few of the places you may find material for your performance.



Structural Components

Structure of an Interp (taken from *Interpretation of Literature, Bringing Words to Life*).

TEASER • 0:00 – 1:30

Previews the topic and mood of the selection

INTRO • 1:30 – 3:00

Explains the purpose of the performance

EXPOSITION • 3:00 – 3:30

Introduces characters and setting

INCITING INCIDENT • 3:30 – 4:00

Sends the conflict into motion

RISING ACTION • 4:00 – 7:30

Complicates the conflict

CLIMAX • 7:30 – 8:30

Emotional peak of the performance

FALLING ACTION • 8:30 – 9:30

Resolves the conflict

Middle School Competition Events – At A Glance

Dramatic Interpretation



There are a few key structural components of every DI:

Cutting. Your cutting is the 10 minute portion of your selection you chose to perform. This is how you've arranged the literature, and what aspects of the story you've decided to tell. It will directly influence the other two aspects of your performance.

Characterization is informed decisions you've made on how the character(s) will think, act, move and sound. The choices you make about your character should be informed by the script itself.

Blocking, or tech, is how the character(s) moves in the space you've created for him/her/them. Sometimes blocking is expressive in nature, symbolizing how that character is feeling emotionally, while at other times, denotes events that are occurring in the imagined space i.e. opening up a soda or sweeping the floor.

Introduction. An introduction explains the purpose of the performance. Typically, after the teaser, a performer will give a brief explanation of the piece's relevance, then give the title and author before returning to the performance.



Organizing

Before memorizing the material, take the time to “beat” out your script. This means reading the script aloud and making notes as you go. As you read aloud, use symbols to indicate shorter pauses “/” or longer pauses “//.” Consider the emotionality behind each line. Ask yourself what the motivation for the characters’ actions are. Use this to influence blocking choices.

Indicate rough blocking in the margins of your script. Choose gestures that reflect the emotional state of the character, or blocking that enhances or creates the illusion of the imagined space of the character. (i.e. resting a hand on a counter or leaning on the back of a chair.) Think in terms of symbolic gestures and psychological gestures. A symbolic gesture is a gesture that is not commonly used in day to day communication. Example: if you were to show me what “freedom” looked like, you may outstretch your arms like Maria Von Trapp singing “The Hills Are Alive” on the side of a mountain. This isn’t a common gesture found in conversation. However, it communicates without words the idea of freedom. Conversely, a psychological gesture is one that is found in conversation. Examples include, scratching your nose, or shaking your head yes or no. For more information on these techniques, check out *Interpretation of Literature: Bringing Words to Life* by Travis Kiger and Ganer Newman.

Read your script aloud. Eliminate any excess language that sounds awkward or is unnecessarily redundant. A DI script should be no more than 1,200 words, which requires continuous cutting of superfluous language.

Standing it Up/Practicing

Often, you'll find that if you've spent the appropriate amount of time reading, cutting, and analyzing a script, memorization will be an easier process. Here are some things to keep in mind, to help simplify the process:

First, our brains are a muscle. The more time you practice memorizing, or simply memorize things, the better you become. Often, performers take more time in the beginning of a season to commit a script to memory than they do at the end of the competitive season. Memorizing is a process.

Middle School Competition Events – At A Glance

Dramatic Interpretation



Next, memorization is physical. Sitting down staring at a script, re-reading the lines in your head will not be beneficial. Memorize the script with the intent to perform it. Type up a clean version with only your finalized text and blocking. Then, tape it to the wall and actively memorize. Read the lines aloud moving with them as indicated by your cutting. Sometimes, it's helpful to do this in front of a mirror, so you can evaluate the effectiveness of your movements. It is helpful to memorize a paragraph at a time, building off of the paragraph that came before. This will significantly decrease the time it takes to memorize your performance.

Once memorized, you and your coach can then build off of the choices you've made for your character. Adjustments to blocking, characterization, and line delivery can be made.

Performance Tips

It may sound cliché, but confidence is key! If you've put the legwork in, you should feel confident in the product you've created. Walk into that round with your head held high, ready to show the world what you've got! Trust what you and your coach created. Do what you practiced, and if you feel compelled to "try something new," review it with your coach beforehand. Consistency is key. It's hard to evaluate what to change in practice if your performance in the round is completely different than what you've been working on.

Pay attention to other performers. Smile, be a warm, inviting audience member. There is nothing worse than getting up to perform and having an audience that either stone faces you or won't look you in the eye. Think of it this way: each round is about 60 minutes. Ten of those involve you performing, the other 50 are for you to listen, learn, and support your competitors.

Keep a notebook for between rounds. Sometimes, another person's performance will inspire you, and it's a good idea to have a notebook handy to write down new ideas. It's also nice to know who you competed against in each round. This way, you have a better understanding of who your competition is. When you review your ballots



after the tournament, you can go back through your notebook and compare your ballots to your notes.

Between rounds, figure out what room you will be performing in next. Congratulate your competitors on a good performance after the round ends, and make friends during downtime. Be gracious, and keep criticisms of other performers to yourself, even if someone else tries to start a negative conversation.

Resources

A great source is *Interpretation of Literature—Bringing Words to Life* by Travis Kiger and Ganer Newman. They cover cutting, characterization, blocking, and the structure of a story. Additionally, if this is your first time doing Dramatic Interpretation, go watch a final round of DI! Observe the rounds not only as entertainment, but keep your eyes peeled for effective cutting, characterization, and blocking. Ask yourself, how can I apply similar techniques to my performance? How can I build off of what this performer is doing? The best way to learn DI, outside of actively doing it, is by watching and learning from other performers.

The textbook, final rounds, and more can be found on www.speechanddebate.org.

An Introduction to Duo Interpretation (DUO)



Event Description

Two competitors team up to deliver a ten-minute performance of a published play or story. Using off-stage focus, Duo Interpretation competitors convey emotion and environment through a variety of performance techniques focusing on the relationships and interactions between the characters. No props or costumes are used. Performances may also include an introduction written by the students to contextualize the performance and state the title and author.

Considerations for Selecting Duo Literature

When looking at literature, a Duo entry must consider how the literature would work for both members of the team. Duo Interpretation strives for a balanced performance with both partners being integral to the development of the piece's characters, relationships, plot, and more. Duo Interpretation allows for students to do humorous, dramatic, or pieces that combine both into the performance. Considerations for selecting a topic for a Duo Interpretation should include age, maturity, and school standards.

Traits of Successful Duo Performers

When considering what event you should choose, or which direction to point a student when selecting an event, below are some general traits of successful Duo students to keep in mind:

- Combination of comedic and dramatic skills
- Enthusiasm for choreography
- Strong listening skills
- Willingness to co-create
- Flexibility

Examples of Past Duo Titles

- *Complete Works of William Shakespeare Abridged* by Adam Long, Daniel Singer, and Jess Winfield
- *Expecting Isabel* by Lisa Loomer
- *Peter Pan* by J.M. Barrie
- *Regina Flector Wins the Science Fair* by Marco Ramirez
- *James and the Giant Peach* by Ronald Dahl
- *Jerry Finnegan's Sister* by Jack Neary
- *Open to Interpretation* by Jen Bradbury
- *Mrs. Mannerly* by Jeffrey Hatcher
- *Beanie and Bamboozling Book Machine* by Bob May, Roy C. Booth, Christopher Tibberts
- *Zink: The Myth, the Legend, the Zebra* by Cherrie Bennett

Learn More! The National Speech & Debate Association is the leading provider of competitive and educational resources to aid students and coaches as they explore our competitive events. For Duo Interpretation, we provide a number of helpful resources—including live and recorded webinars designed to introduce foundational and advanced concepts in Interp; access to Duo final round videos; an interpretation textbook for Resource Package subscribers; videos from champion coaches; and much more! Take advantage of the amazing benefits of being a member by using our resources to help you advance yourself in competitive speech and debate activities. Visit www.speechanddebate.org for more information. ✨

Find Your Voice

Duo Interpretation is an excellent crash course on creativity. The process of cutting, blocking, and refining a script really encourages young artists to think differently and create form and empty space. I think the best part of Duo was the opportunity to meet so many talented, creative people who turn words on a page into phenomenal showcases of artistry, and to have the ability to do it all with my best friend.” — **Zach Snow, Association Alum**

Middle School Competition Events – At A Glance

Duo Interpretation



Basic Understandings

Duo. The event everyone wants to do with a best friend. In truth, while the appeal of duo might be performing with a friend, this approach may not be best. Duo is about balance. Partners need to compliment one another stylistically, have a similar skill set and work ethic. Chemistry is an important element of duo, but chemistry outside of a practice/performance setting does not always translate to chemistry when practicing or performing at a tournament. Be sure to share your goals with your coach as they help you through the process of getting started in duo.

Duo is an event that can be dramatic, comedic, or a combination of the two. With a ten minute time cap, and a requirement of an off-stage focus, Duo is one of the most unique forms of performance. The main objective is to maintain a sense of balance between performers that focuses on the relationship(s) between the characters they create.



Research

There are two ways to go about finding a script: You can either let the choice of partner influence the material you want to perform, or let the selection determine the ideal partner.

Go to your local library, visit the bookstore, check out children's stories, or search for plays with two or more characters. Look for a simple story told in a simple way.

Complex plots are hard to follow, especially if there are more than two characters in the selection. Remember: you have ten minutes to tell a story. Don't pick anything too abstract or complicated.

Keep in mind that each partner should be assigned to a specific character(s), and that you should not switch between characters throughout the performance.

Know the strengths and weaknesses of the team. If the piece requires a lot of physical tech, or vocal variance, and a partner struggles with this, it might not be the best idea to choose that selection.

Finally, it's always a good idea to watch the latest duo rounds. Duo is an incredibly diverse event. Watch a final round to get a feel for the stylistic differences that are found throughout the event.

Structural Components

Structure of an Interp (taken from *Interpretation of Literature, Bringing Words to Life*).

TEASER • 0:00 – 1:30

Previews the topic and mood of the selection

INTRO • 1:30 – 3:00

Explains the purpose of the performance

EXPOSITION • 3:00 – 3:30

Introduces characters and setting

INCITING INCIDENT • 3:30 – 4:00

Sends the conflict into motion

RISING ACTION • 4:00 – 7:30

Complicates the conflict

CLIMAX • 7:30 – 8:30

Emotional peak of the performance

FALLING ACTION • 8:30 – 9:30

Resolves the conflict

Cutting. This is the parts of the selection you've chosen to perform. Having a solid cutting is incredibly important because it influences every performative choice you make. It should dictate characterization, motivation, blocking, and relational tensions.

Middle School Competition Events – At A Glance

Duo Interpretation



Characterization. All interpretation events require that strong character choices are made. Distinct physical, vocal, and emotional choices should be made for each character.

Relationship. This is probably the biggest component of an effective duo. The duo should focus on the relationship between the characters. There should be a constant push and pull as the characters fight for power in the relationship. The approach can be humorous or dramatic in nature, but there should be defined goals for the performance, and each scene within that performance. Discuss the motivation for each character and set objectives for the message to convey in each scene and how the audience should feel.

Blocking. Duo can be the most visually stunning of interpretation events because when you've got double the performers, there is double the potential for creative blocking choices. Blocking is how the characters move within the imagined space you've created for them. Make sure the blocking creates the imagined space the characters exist in (i.e. a spaceship, or an office), and the emotional state of the characters (i.e. standing farther apart to symbolize emotional distance, or turning inward during an intimate conversation).

Intro. An introduction explains the purpose of the performance. Typically, each duo partner takes a turn explaining the justification for the performance. Competitors usually close the intro by giving the title and author before continuing with the performance.



Organizing

When you cut a duo, make sure partners agree on the objective of the story. Establish what the climax should be, and from there, construct the story leading up to it. Make sure that the lines are balanced, and remove redundant lines, or chunks of the story that are not integral to the plot of the cutting. Consider what the visual representation of the piece will look like, taking into account that duo is meant to be performed with an off stage focus. Denote in the cutting changes in pace, where to take beats (pauses), and important blocking moments. Partners need to discuss why the characters are doing what they're doing.

Standing it Up/Practicing

Often, if the appropriate amount of time was spent reading, cutting, and analyzing a script, memorization will be easier. However, it can still be a challenge. Here are things to keep in mind:

First, brains are a muscle. The more time a person practices memorizing, or simply memorize things, the better s/he become. Memorizing is a process.

Next, memorization is physical. Sitting down staring at a script, re-reading the lines will not be beneficial. Memorize the script with the intent to perform it. Type up a clean version with only finalized text and blocking. Then, tape it to the wall to actively memorize. Read the lines aloud moving with them as indicated by the cutting. Partners should be in front of a mirror, so they can evaluate the effectiveness of their movements. This is particularly important in duo because "clean" blocking, or blocking that is defined, motivated, and executed with precision, will factor into the rank in the round. It is helpful to memorize a scene at a time, building off of the previous scene. Partners need to remember that a character is responding to what a character said before. Conceptualize the lines as a conversation to help memorization.

Because Duo is a dialogue heavy, relationship focused performance, it's important for the characters to listen and react to each other. Notice how friends engage with each other when they talk. Facial reactions, gestures, and other nonverbal response are a huge part of

Middle School Competition Events – At A Glance

Duo Interpretation



communication. Make sure that each character is engaged in the performance, even when they aren't speaking. Having well thought out, motivated reactions can bring a Duo to the next level.

Once memorized, the duo students and their coach can then build off of the choices that've been made for characters. Adjustments to blocking, characterization, and line delivery can be made.



Performance Tips

It may sound cliché, but confidence is key! If the legwork has been put in, confidence is a natural product. Competitors should walk into that round with heads held high, ready to show the world what they've got! Trust what has been created. Do what was practiced, and if feeling compelled to “try something new,” the coach should be consulted. Consistency is key. It's hard to evaluate what to change in practice if the performance in the round is completely different than what was worked on for the past few weeks.

Pay attention to other performers. Smile, and be a warm, inviting audience member. Partners should not conspire with each other during the round! If there's something they need to tell each other, it can be said after the round in private. There is nothing worse than getting

up to perform and having an audience that either stone faces you, won't look you in the eye, or is clearly more concerned about talking to their partner than paying attention to the performance. Think of it this way: each round is about 60 minutes. Ten of those involve a duo performing, the other 50 are for your duo to listen, learn, and support your fellow competitors.

Keep a notebook for between rounds. Sometimes, another person's performance will be inspirational, and it's a good idea to have a notebook handy to write down new ideas. It's also nice to know who your duo competed against in each round. A duo should review their ballots after the tournament, and then they can go back through their notebook and compare their ballots to their notes.

Between rounds, duo students should figure out what room they will be performing in next. They should congratulate competitors on a good performance after the round ends, and make friends during downtime. They should be gracious, and keep criticisms of other performers to themselves, even if someone else tries to start a negative conversation.

Resources

A great source is *Interpretation of Literature—Bringing Words to Life* by Travis Kiger and Ganer Newman. They cover cutting, characterization, blocking, and the structure of a story. Additionally, if this is your first time doing Duo Interpretation, go watch a final round of Duo! Observe the rounds not only as entertainment, but keep your eyes peeled for effective cutting, characterization, and blocking. Ask yourself, how can I apply similar techniques to my performance? How can I build off of what this duo is doing? The best way to learn Duo, outside of actively doing it, is by watching and learning from other performers. The textbook, final rounds, and more can be found on www.speechanddebate.org.

An Introduction to Expository Speaking



Event Description

Expository Speaking is a five minute informative speech that introduces to the audience a topic of the student's choosing. The speaker should provide unique insights and explore interesting implications. At its core, Expository Speaking is an informative speech. Students doing Expository may cover topics ranging from an organization to a product, a process or concept. Effective speeches provide new information or perspectives on a topic, including those that are widely known.

Considerations for Selecting a Topic

When selecting a topic it is important for the student to find a subject that they are interested in learning about and discovering new insights. Since the student has to deliver the speech, it is important for them to find a topic that lends itself to engaging delivery for that student. A topic they are not interested in may lead to more static delivery. The topic should be avoided if the speech cannot impart new and unique information to the audience. Topics that are timely can be especially useful.

Students should also consider the relevance of the topic to the audience. While the student may be inspired by a subject they find intriguing, ultimately the goal of the speech is to provide information to an audience. Think about what the audience can do with this information—why do they need it? Why is the topic important to them? What is the audience's 'need to know'?


Traits of Successful Expository Speakers

When considering what event you should choose, or which direction to point a student when selecting an event, here are some traits of successful Expository students to keep in mind:

- Articulate
- Process oriented
- Inquisitive
- Engaging
- Personable
- Enjoys research
- Passionate about writing
- Creative

Examples of Past Expository Topics

- Fibonacci
- Roller coaster design
- Concussions
- AED
- Lipitor
- Fitbit
- Corinthians

Learn More! The National Speech & Debate Association is the leading provider of competitive & educational resources to aid students and coaches as they explore our competitive events. For Expository, we have videos of past national final round performances. We produce many other general public speaking resources, such as webinars, activities for class or practice, and more! 

Find Your Voice

"I enjoyed Expository because it didn't require the speaker to convince the audience of anything other than how exciting their topic was. Any speech that explores implications usually involves some level of individualized analysis, which keeps topics that are otherwise redundant fresh."

— Josh Planos, Association Alum

Middle School Competition Events – At A Glance

Expository



Basic Understandings

Expository speaking is an informative speech that is five minutes long without the use of a visual aid (note: some tournaments permit the use of visual aids but at Nationals none are used). Students who participate in Expository provide unique and interesting information to the audience. An effective Expository introduces them to either a completely new topic or something new about a topic people may know a lot about. Students who do this event would need to be well researched and personally invested in the topic they are wanting to speak on. If the topic is not meaningful to the person it may become harder to deliver the speech to the audience effectively.



Research

Expository research is as diverse as the topics students select. Expository research might include newspaper and magazine articles, academic journals, non-fiction books, interviews, and credible digital content. Depending upon the topic, it might be possible that a student's own meaningful experiences may be in the speech.

Source materials need to be incorporated throughout the speech with oral citation. The citation style varies with the type of source. For example, students should provide author and title of books, although some students will also provide the source credibility of the author.

The name of the source and date may be sufficient for newspaper articles. It is important to recognize that whether the material is quoted directly from the source or paraphrased, sources must be cited. When drafting the Expository speech, indicate direct quotations from sources using both quotation marks and some other marking such as highlighting or underlining. Choose your quoted text wisely as it should not be overwhelming in comparison to your own analysis. Once all the research is gathered, the sources should all be compiled into a works cited page.

Structural Components

When constructing an Expository speech, students need to be sure to have a well thought out introduction, body, and conclusion. As a five minute speech it is necessary to succinctly express and develop ideas. Depth of information is still possible with efficient word economy in writing.

The introduction would work to grab the audience's attention. The "attention grabbing device" should be related to the topic - shock strategies that are unrelated do not work. After this the introduction should provide sufficient context so that the audience understands what the topic is. While doing this the speaker should establish why the audience should care about the information that is going to be presented. To do this the speaker should establish reasons why the information is serious as well as how it's directly related to the audience. As with any good introductions, the speaker should preview the points of the body of the speech.

The body of the speech will likely be composed of two or three main points. The body would be the substance of the speech and will set up justifications for the impact of the topic as well as why it relates to the audience. Typical main points in Expository speaking include the background of the topic, the pros and cons of the topic at hand, the development of the topic, and the implications of the analysis presented.

The conclusion is going to wrap up the speech. It will tie back to the attention grabbing device from the introduction, as well as review the main points of the speech.

Middle School Competition Events – At A Glance

Expository



A general breakdown of the timing of an Expository speech could be done in this manner:

INTRO • 30 – 45 seconds

BODY • 3:00 – 3:15

CONCLUSION • 15 – 30 seconds

Organizing

When developing the ideas of the speech think about answering the questions how and why! How does your topic lend itself to what you are establishing? Why does it happen? To develop a sound position it's necessary to avoid assertions. Furthermore, it's important to ensure that you establish the importance of each point. Why should the audience care? Organizing your ideas around this premise will assist you in the development of the speech.

Organizing the body of a speech is a process impacted by the topic the student has selected. The key is to choose an organizational pattern that works well to support the thesis of the speech. The student also needs to consider what the audience may or may not know already about the topic. Here are a couple of specific examples using the same topic:

Let's say that a student wants to tell us about one of the many popular products to help us manage our health, such as Fitbit's Activity Tracker. The student's thesis might suggest that these health products have a tremendous impact on an individual's own health as well as impacting societal awareness of health care. The first point may be what it is and how it is used so that we understand the specific product better. The student may then tell us about how the technology itself works, such as how it measures and reports vital health statistics. The third point might be how these health products are impacting society.

This is just one way of organizing a speech like this. The student might want to put more emphasis on the impact on society. Thus, the student might choose to use one point to note the impact of these products (sales numbers and projections, for example), another to explain how our healthcare costs may go down as a result of using these products, and a third point might be to explain what will happen with these products in the future. As you can see,

the topic might be the same, but these two speeches will be quite different from each other because of the choices made in the body of the speech.



Standing it Up/Practicing

As Expository is delivered without notes, the first step for the student after drafting and revising the speech is memorization. Remind students that brains are a muscle and the more that a muscle is used stronger it becomes. Likewise, the more time memorizing is practiced, the better the student becomes.

Here are some thoughts for the student regarding memorization: The more cues you give your brain to aid memorization the better. Sitting down staring at a script, re-reading the lines in your head, will not be beneficial. Memorize the story with the intent to perform it. Type up a clean version with only your finalized text. You can include notes on gestures and movement. Then, tape it to a wall and actively memorize. Read the lines aloud moving with them as indicated by your notes. Sometimes, it's helpful to do this in front of a mirror, so you can evaluate the effectiveness of your choices. It is helpful to memorize a paragraph at a time, building from the previous paragraph. This will significantly decrease the time it takes to memorize your performance. Once memorized, you and your coach can then build from the choices you've made for your speech. Adjustments to gestures, movement, and line delivery can be made.

Once the student feels confident in their performance, the coach and student can begin practicing. Timing a

Middle School Competition Events – At A Glance

Expository



run-through and critiquing the speech both orally and with written comments is a helpful method. Focus on the big picture in these early practices. Work on explanation of key concepts, engagement with the audience, and energy. Consider carefully how students are using their voice, including pause, pitch, tone, volume, diction, and inflection. Eventually the student will be ready for line-by-line practices. Line-by-line is characterized by intensive rehearsal of each section of the speech. This can be a paragraph, or working individual line delivery. As the student makes adjustments, be conscious of staying within the time limits.

The student is now ready to perform in front of other students, coaches, or even an audience. Attend tournaments and review ballots. At this stage, feedback is incredibly important. Take note of all comments. A fresh perspective on a speech is vitally important! Students need to be willing to take feedback and make appropriate modifications.

Even the most talented of performers need practice! Remind students to respect the time and resources of coaches and the school. If they give it their best effort every day, they will be successful no matter the tournament outcome.



Performance Tips

It may sound cliché, but confidence is key! If you've put the legwork in, you should feel confident in the product you've created. Walk into the round with your head held high, ready to show the world what you've got! Trust what you and your coach created. Do what you practiced, and if

you feel compelled to "try something new," review it with your coach beforehand. Consistency is key. It's hard to evaluate what to change in practice if your performance in the round is completely different than what you've been working on.

Pay attention to other performers. Smile! Be a warm, inviting audience member. There is nothing worse than getting up to perform and having an audience that either stone faces you or won't look you in the eye. Think of it this way: if your round is 45 minutes long, you are only speaking for 5 of those minutes. The remaining minutes are for you to listen, learn, and support your competitors.

Keep a notebook for between rounds. Sometimes, another person's performance will inspire you, and it's a good idea to have a notebook handy to write down new ideas. It's also nice to know who you competed against in each round. This way, you have a better understanding of who your competition is. When you review your ballots after the tournament, you can go back through your notebook and compare your ballots to your notes.

Between rounds, figure out what room you will be performing in next. Congratulate your competitors on a good performance after the round ends, and make friends during downtime. Be gracious, and keep criticisms of other performers to yourself, even if someone else tries to start a negative conversation.

Resources

Many resources can be found on your dashboard at www.speechanddebate.org. For Expository speaking we have final round videos from Nationals, as well as an informative article by Connie Link. Additionally, the textbook on *Original Oratory*, by Ashley Mack, has a number of useful resources that would help expository students.

Competition Events – At A Glance

An Introduction to Extemporaneous Speaking



Event Description

In Extemporaneous Speaking, students are presented with a choice of three questions related to current events and, in 30 minutes, prepare a seven-minute speech answering the selected question. Students may consult articles and evidence they gather prior to the contest, but may not use the Internet during preparation. Topics range from political matters to economic concerns to foreign policy to international crisis. Students are given questions that range from domestic issues within the United States to international issues. The speech is delivered from memory.

Considerations for Extemp

Students who do Extemp are typically very curious about matters of domestic and international interest. Students should be well read and understand current events. To learn more about these issues, students should spend time reading from a variety of news sources. Recommended reading lists include, but are not limited to: *New York Times*, *Economist*, *The Guardian*, *Congressional Research Committee*, *Council on Foreign Relations*, *Asia Times*, *Wall Street Journal*, *Foreign Affairs*, and more.

Traits of Successful Extemp Speakers

When considering what event you should choose, or in which direction to point a student when selecting an event, below are some general traits of successful Extempers to keep in mind:

- Enjoys reading
- Naturally curious or inquisitive
- Passionate about domestic issues
- Determined
- Reflective
- Recognizes interconnected concepts and events

List of Past Extemp Questions

- What will be President Obama's legacy?
- What would it take for China to become more democratic?
- What should be America's role in promoting democracy abroad?
- Are charter schools the answer to our educational woes?
- Does North Korea pose a legitimate threat to its southern neighbor?
- Is OPEC losing its influence as a global oil supplier?
- Will Hillary Clinton win the 2016 presidential election?
- What can the government do to promote job growth?
- Should illegal immigrants be offered amnesty as part of a reform package?
- Is the Affordable Care Act working?

Learn More! The National Speech & Debate Association is the leading provider of competitive and educational resources to aid students and coaches as they explore our competitive events. For Extemporaneous Speaking, we provide a number of helpful resources—including live and recorded webinars designed to introduce foundational and advanced concepts in Extemp; access to Extemp final round videos; an Extemp textbook for Resource Package subscribers; practice questions; topic analysis; and much more! Take advantage of the amazing benefits of being a member by using our resources to help you advance yourself in competitive speech and debate activities. Visit www.speechanddebate.org for more information.

Find Your Voice

The fast-paced nature of Extemp quickly cultivated my speaking skills, while the never-ending subject matter of current events provided an outlet for my intense curiosity. On its most fundamental level, Extemp gave me a microphone to address the world, imbued eloquence into my voice and ideas, and taught me to make concise arguments."

— Dylan Adelman, Association Alum

Middle School Competition Events – At A Glance

Extemporaneous Speaking



Basic Understandings

Extemporaneous Speaking, typically called extemp, is a speech on current events with limited preparation time. A student's understanding of important political, economic, and cultural issues is assessed along with critical thinking and analytical skills. Students report to a draw room (often referred to as extemp prep) where all of the extempers gather at tables, set out their files, and await their turn to draw topics. A staff member in the prep room calls out student codes based upon a pre-assigned speaker order. When a student's code is called, the student will approach the draw table and take three questions from an envelope. The student will then select one of those questions and return the other two to the envelope, and prepare for thirty minutes to deliver a speech answering the chosen topic. When prep time is up, the student reports to the competition room to deliver a 7 minute speech.

Students may access research brought with them to the tournament during the 30-minute preparation period. We refer to these resources as files. Teams may bring their files in paper form, often print-outs of articles organized in hanging file folders by topic area in large plastic bins or totes, or electronic format on laptops or other portable devices such as tablets (for more information, see Research).

During preparation time, students review their files on the topic selected and outline arguments that will be made throughout the speech. Some students outline with notecards; others use legal pads. Students should document the source of their research on their notes so that they can cite the materials while they speak. Students have a lot to do in 30 minutes—they must select a question, review research, outline arguments with supporting materials, and practice at least part of the speech before time expires. Many tournaments prohibit the consultation of notes during the speech in which case speech structure and evidence need to be memorized during prep time as well.

After the 30-minute preparation time, students report to their competition rooms to deliver their speeches. Students must never watch the speakers before them, although students may watch those who speak after

them. Judges should give time signals to the competitors while they speak to indicate how much time remains of their 7 minutes.



Research

Students who compete in Extemp must keep up with current events. Students who do International Extemp must read articles concerning events of world-wide importance as they may draw questions regarding conflict among various countries, economic challenges experienced by third world countries, or new leadership in nations across the globe. US Extemp participants must understand political, social, and economic policies of the US and how the US relates to the rest of the world. Reading articles is a vital practice for keeping students informed on topics frequently asked at tournaments. It is also important because students may want to frame their analysis with historical context.

Students should read widely, both on topics of personal interest as well as on issues that they struggle to understand. Because the topics are so diverse and can change rapidly, students should keep up with current events by reading print or online versions of various newspapers, magazines, and journals. Students may want to file at least one US-oriented source and one international source to broaden their exposure to varied ideas and perspectives.

There are various methods to organizing team extemp files depending upon the format chosen. Students should file articles from reputable newspapers, magazines, and

Middle School Competition Events – At A Glance

Extemporaneous Speaking



electronic resources. Students may not access the Internet while they are in extemp prep; thus, all articles must be printed or stored on a laptop prior to entering the room. If a service such as Dropbox is used for digital files, all of the online files must be synced with the downloaded versions prior to the start of the tournament.

Students need to cite sources during their speeches. Typically, the name of the source and date are a minimal requirement, although sometimes speakers need to provide additional source credibility. For example, “As reported in the *New York Times* of September 4, 2014...” or, “Janet Yellen, chair of the Federal Reserve, is quoted in *The Economist* of September 6, 2014...”

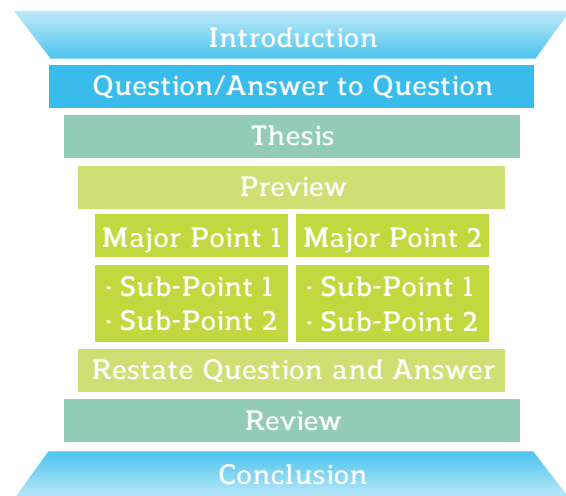
Structural Components

Overall, an excellent extemporaneous speech is one that provides critical thinking and perspective on an issue of contemporary significance. Extempers must address the question as worded on the draw slip and support their positions with analysis and evidence. Extempers who can provide a clear explanation of what is taking place, and why, will be particularly favored by judges. This is important for those judges who have limited experience with extemp or who are not as well versed in current events. Students must remember that they sometimes know more about certain parts of the world or specific aspects of our economy than a number of their judges or the observers in the round. Clarity is vitally important. Extempers should not use specialized terms or phrases unless they are placed in context. For example, an International Extemp might discuss a recent development in the currency valuation of a specific country by referencing the name of the currency. A US extemp might analyze the impact of Super PACs (Political Action Committees) by explaining what a PAC is, how Super PACs differ from historical notions of PACs, and how federal and Supreme Court decisions changed the political landscape. It is possible that the judge or observers in the round may not know the value of another nation’s currency, or how corporations can donate to political campaigns, unless the extemp provides that information.

Organizing

Most speeches feature an introduction that gains the audience’s attention, sets up the speech, and transitions to recitation of the question and the student’s answer to the question. This is followed by a thesis statement for the speech as a whole. Extemp speeches typically have a preview statement after the introduction that summarizes the key points the student will make in the body of the speech. Students then organize the body of the speech with major points and sub-points. Students might choose three major points of analysis, for example, or perhaps two major points with two sub-points under each. Speeches also typically feature a review of the major points, a restatement of the question and student response to the question, and a conclusion. Students should practice with a stopwatch to determine how long they should speak on each section. Each major point should be roughly equal to another to keep the speech balanced.

Here is a sample outline:



Standing it Up/Practicing

Extempers need to start with the basics. Beginning extempers should spend considerable time reading credible news sources on a range of topics. Beginners should receive practice questions and take the time to review them, talk through answers to the questions, and focus on creating excellent thesis statements. Beginners

Middle School Competition Events – At A Glance

Extemporaneous Speaking



could start practices with a notecard and perhaps focus on one major point of analysis instead of two or three. A great beginning strategy for extempers is to deliver their first speech with unlimited prep time. Following this performance, gradually reduce the amount of prep time used until the speaker reaches 30 minutes. It is easy for students to be intimidated by extemp. As with any skill, practicing will take some of the anxiety out of approaching the event. Students should not wait to stand it up —if the student knows a lot about a particular topic of interest, stand-up practices can take place right away. Students do not have to know everything about every country, world leader, or U.S. policy in order to practice. After a number of extemp practices, students can spend time working on language selection, smoothing out the verbal and physical delivery, and filling in the gaps of their knowledge base.



Performance Tips

Due to the nature of Extemp, competitors will find that each round is unique. Some questions are incredibly challenging, either due to the specific wording or lack of background knowledge of the topic for the extemper, and others seem incredibly easy. Every Extemp competitor will encounter a round where there simply are no files on a given topic. Extempers need to accept that some rounds are excellent and others are not and to learn from every speech. There are ways extempers can better prepare for Extemp and put their best foot forward every time. Some advice for students:

Ask questions. If you don't understand an economic principle or can't explain why a particular country's actions are significant, be sure to ask coaches, teachers, and teammates.

Take notes. If your files are missing something important, make a note of it and either fill the gaps or talk to your teammates so that everyone is on the same page.

Practice language. Extempers often use the same types of language for transitional material. Practice with this language so that you aren't struggling to come up with something fresh in every speech. As you gain experience, you can mix it up, but at the outset, just get comfortable with the format of the speech and the language to get you from point A to point B.

Line-by-line. Save your notes from your speeches and revisit them. Give sections of speeches, or entire speeches, over and over again to improve argument quality and language considerations. If you struggle with vocalized pauses and fillers, such as uhms and likes, you can redo lines of your speech repeatedly.

Resources

Keeping up with the news, while very rewarding, can also feel very overwhelming. Students can take advantage of a number of free electronic resources to keep up-to-date. For example, students might use an RSS reader (which is a news aggregator, bringing news to the student in one website on a continual basis), such as Feedly, to keep up with news. Students can choose to follow particular types of news or specific news outlets. Students can also keep up with current events by following news organizations or analysts on Twitter. Flipboard is a service that brings students the news in a visually appealing format, similar to flipping through the pages of a magazine. Students can also have news updates pushed to them through individual emails or news digests offered by services such as Google News or Yahoo!

The National Speech & Debate Association has many resources specific to Extemporaneous Speaking, including sample Extemp questions, videos of Extemp speeches, a textbook, helpful webinars, and more! Once you join the Association and register on our website, you can access these through your "dashboard." From there you can click on "Speech Resources" followed by "Public Speaking."

Competition Events – At A Glance

An Introduction to Humorous Interpretation (HI)



Event Description

Using a play, short story, or other published work, students perform a selection of one or more portions of a piece up to ten minutes in length. Humorous Interpretation is designed to test a student's comedic skills through script analysis, delivery, timing, and character development. Competitors may portray one or multiple characters. No props or costumes may be used. Performances can also include an introduction written by the student to contextualize the performance and state the title and author.

Considerations for Selecting HI Literature

When searching for literature, a student should look for more than one-liner jokes. Humor can be created through strategic choreography, creative characterization, and dynamic non-verbal reactions. Typical selection topics range from light-hearted material including interpretations of comics, children's literature, plays, short stories, and more. Considerations for selecting an HI topic should include the student's age, maturity, and school standards.

Traits of Successful HI Performers

When considering what event you should choose, or which direction to point a student when selecting an event, here are some traits of successful HIers to keep in mind:

- Creative
- Physical control
- Bold/high energy
- Ability to think outside the box
- Dynamic physical and vocal techniques
- Risk taker

Examples of Past HI Titles

- *Bobby Wilson Can Eat His Own Face* by Don Zolidis
- *Disney Mom Group Therapy* by Mo Gaffney
- *Junie B. Jones is (Almost) a Flower Girl* by Barbara Parks
- *Law & Order - Fairy Tale Unit* by Jonathan Rand
- *Legally Blonde the Musical* by Laurence O'Keefe
- *008* by Herb Duncan
- *Darcy's Cinematic Life* by Crista Crewdson
- *Finding Ryan* by Dave Cameron
- *Almost the Bride of Dracula* by Dennis Sneer
- *25th Annual Putnam County Spelling Bee* by Reichel Shinkin

Learn More! The National Speech & Debate Association is the leading provider of competitive and educational resources to aid students and coaches as they explore our competitive events. For Humorous Interpretation, we provide a number of helpful resources—including live and recorded webinars designed to introduce foundational and advanced concepts in Interp; access to HI final round videos; an interpretation textbook for Resource Package Subscribers; videos from champion coaches; and much more! Take advantage of the amazing benefits of being a member by using our resources to help you advance yourself in competitive speech and debate activities. For more information, visit www.speechanddebate.org.

Find Your Voice

Robin Williams said, "You're only given a little spark of madness. You mustn't lose it." HI was my way of keeping and exercising my madness muscle, because we all need a little madness to keep the insanity away. HI, and speech in general, helped to cultivate a sense of fearlessness, not only in my performances, but also in my life."

— Dan Johnson, Association Alum

Middle School Competition Events – At A Glance

Humorous Interpretation



Basic Understandings

Humorous Interpretation, as its name indicates, is humorous. Competitors often use multi-character selections to tell relatable stories using humor as a device to connect with the audience. Think about your favorite comedian's latest stand up routine, or something funny that recently happened. Ask yourself why it's funny. Then ask yourself if that joke would be funny to, say, your mom, or great-great Uncle Joe. Humor is a complex human quirk. Each individual's sense of humor is unique. However, other aspects of humor are more universal in nature. So, when choosing an HI, it is imperative to consider not only the humorous elements of the selection, but also to keep in mind how the story itself will appeal to the audience. Not everyone will laugh at the same joke, but if a character's plight is relatable, the audience will identify with him or her. Humor in a Humorous Interpretation should be tasteful and motivated.

Research

Finding an HI that's right for you may seem a little daunting. Go to your local library, visit the biographies section of a bookstore, or visit Play Scripts, Dramatists, or Samuel French online. These are just a few of the places you may find material. There are a few things to keep in mind when questing for a script.

Strengths and limitations. HI often requires a performer to manipulate their voice, move quickly in and out of different characters, and have a strong sense of comedic timing. Think about your vocal register when looking at a cutting. Would you be required to play characters with voices in your upper register? What characters would be played using your lower register? How many ways can you manipulate your voice? How well can you manipulate your body and facial expression to create distinct, unique characters? If you have limited physical or vocal control, it might be beneficial to choose a selection with fewer characters. Think about your abilities outside of acting: can you sing, dance, stand on your head? Could those skills be utilized in your performance? Be aware of how you can showcase your unique skill set.

What makes you laugh? This is your piece, your performance, and your interpretation. Find writing you think is hilarious. If it makes you laugh, and you enjoy performing it, then your audience will enjoy it, too.

Is it honest? Is it relatable? Pick a piece with meaning. No, you don't need to be performing Tolstoy's "Family Happiness" (and honestly, that's probably a bad idea); however, you should choose literature that speaks to a universal truth. As performers, we not only look to entertain our audience, but to engage them in meaningful communication through performance.



Structural Components

Structure of an Interp (taken from *Interpretation of Literature, Bringing Words to Life*).

TEASER • 0:00 – 1:30

Previews the topic and mood of the selection

INTRO • 1:30 – 3:00

Explains the purpose of the performance

EXPOSITION • 3:00 – 3:30

Introduces characters and setting

INCITING INCIDENT • 3:30 – 4:00

Sends the conflict into motion

RISING ACTION • 4:00 – 7:30

Complicates the conflict

CLIMAX • 7:30 – 8:30

Emotional peak of the performance

FALLING ACTION • 8:30 – 9:30

Resolves the conflict

Middle School Competition Events – At A Glance

Humorous Interpretation



Cutting. As with any interp, it's important to cut for performance. Read the dialogue aloud, and remove excessive language that does not build toward the story you are trying to tell. Play with comedic elements, like three part jokes, or reviving jokes from earlier in the cutting. Think about how you will physically depict the story. The visual element of HI lends itself to great, creative jokes. Think about how you will use the imagined environment of your HI to tell a joke.

Blocking. The technical aspect of HI requires complete physical control. Transitioning, or "popping" between characters should be practiced. These transitions are fast paced, and require strong physical stamina. Consider how you can tell the story physically. Get in front of a mirror and break down the movements. Increase speed as you build muscle memory. Play with levels and focal points.

Characters. Each character should be uniquely distinct with vocal, physical, and emotional choices carefully thought out. Characters in HI tend to stretch the limits of reality. However, be careful to craft characters to which the audience can relate. One of the great challenges with HI is the ability to craft a performance with different levels. Remember that in all good comedy, there is the well-adjusted character who stands in stark contrast to the humorous characters. Find the balance in your selection. Think about the proximity characters would stand in relation to each other, and illustrate the difference by using various physical levels. Bend your knees slightly for a shorter character, or have a taller character look down when addressing someone shorter.

Introduction. An introduction explains the purpose of the performance. Typically, in HI, the introduction will start off with a joke relevant to the theme of the piece. The performer will then relate the joke back to the theme, and why the piece is relevant to the audience before returning to the performance.



Organizing

You only have ten minutes in an HI to tell a story and make an audience laugh. Pick your moments accordingly. Decide what jokes you want to play up, and what parts of your story will contrast the humorous moments. As you finalize your cutting, read it aloud to help make informed decisions about characterization and blocking.

Beat out your script. This means reading the script aloud and making notes as you go. As you read aloud, use symbols to indicate shorter pauses "/" or longer pauses "//." Consider the emotionality behind each line. Ask yourself what the motivation for the characters' actions are. Use this to influence blocking choices. Make sure your choices are not just funny for the sake of funny, but make sense contextually in your script. Make sure you are listening for the reactions of the characters to the lines that came before. If you are doing a multi-character performance, remember that this is a dialogue, and should be treated as such.

Standing it Up/Practicing

Often, you'll find that if you've spent the appropriate amount of time reading, cutting, and analyzing a script, memorization will be an easier process. Here are some things to keep in mind, to help simplify the process:

First, our brains are a muscle. The more time you practice memorizing, or simply memorize things, the better you become. Often, performers, take more time in the beginning of a season to commit a script to memory than they do at the end of the competitive season. Memorizing is a process.

Next, memorization is physical. Sitting down staring at a script, re-reading the lines in your head will not be beneficial. Memorize the script with the intent to perform it. Type up a clean version with only your finalized text and blocking. Then, tape it to the wall and actively memorize. Read the lines aloud moving with them as indicated by your cutting. It is helpful to memorize a scene at a time, building off of the scene that came before. Remember that dialogue is motivated by the line that came before it. Everything is a response, or reaction.

Middle School Competition Events – At A Glance

Humorous Interpretation



Conceptualize your script this way to decrease the time it takes to memorize your performance.

As you develop a physical sense of the piece, consider how you will express ideas without words. Much of communication is nonverbal; therefore, it makes sense that some of the funniest aspects of an HI are the non-verbal reactions of characters to the events happening in the performance.

Once memorized, you and your coach can then build off of the choices you've made for your characters. Adjustments to blocking, characterization, and line delivery can be made. Often, standing up in front of a coach will help determine whether or not your jokes are landing, or getting a reaction from the audience. Practicing in front of a mirror or videotaping your performance is also a great way to 'see' what the audience sees when you perform. Play with characters. HI is all about experimenting with what makes your audience laugh. Don't be afraid to act ridiculous to get a laugh. Try something new until you get the desired reaction, and then solidify the joke through practice.

Performance Tips

It may sound cliché, but confidence is key! If you've put the legwork in, you should feel confident in the product you've created. Walk into that round with your head held high, ready to show the world what you've got! Trust what you and your coach created. Do what you practiced, and if you feel compelled to "try something new," review it with your coach beforehand. Consistency is also vital. It's hard to evaluate what to change in practice if your performance in the round is completely different than what you've been working on for the past few weeks.

Pay attention to other performers. Smile, and be a warm, inviting audience member. There is nothing worse than getting up to perform and having an audience that either stone faces you or won't look you in the eye. Each round is 60 minutes. Ten of those involve you performing, the other 50 are for you to listen and learn.

Keep a notebook for between rounds. Sometimes, another person's performance will inspire you, and it's a

good idea to have a notebook handy to write down new ideas. When you review your ballots after the tournament, you can go back through your notebook and compare your ballots to your notes.

Between rounds, figure out what room you will be performing in next. Congratulate your competitors on a good performance after the round ends, and make friends during downtime. Be gracious, and keep criticisms of other performers to yourself, even if someone else tries to start a negative conversation.



Resources

A great source is *Interpretation of Literature—Bringing Words to Life* by Travis Kiger and Ganer Newman. They cover cutting, characterization, blocking, and the structure of a story. Additionally, if this is your first time doing Humorous Interpretation, go watch a final round of HI! Observe the rounds not only as entertainment, but keep your eyes peeled for effective cutting, characterization, and blocking. Ask yourself, how can I apply similar techniques to my performance? How can I build off of what this performer is doing? The best way to learn HI, outside of actively doing it, is by watching and learning from other performers.

The textbook, final rounds, and more can be found on www.speechanddebate.org.

Competition Events – At A Glance

An Introduction to Impromptu (IMP)



Event Description

Impromptu is a public speaking event where students have seven total minutes to select a topic, brainstorm their ideas, outline the speech, and finally, deliver the speech. The speech is given without notes and uses an introduction, body, and conclusion. The speech can be light-hearted or serious. The speech can be based upon prompts that range from nursery rhymes, current events, celebrities, organizations, and more.

Considerations for Impromptu

Students who do Impromptu take their prompt and organize a speech following a basic structure. Students consider the use of humor, personal anecdote, historical perspectives, news stories, and logic to help formulate their ideas when preparing the speech. The speech should be easy to follow with a central thesis and supporting points.

Traits of Successful Impromptu Performers

When considering what event you should choose, or which direction to point a student when selecting an event, here are some traits of successful IMP students to keep in mind:

- Spontaneous
- Engaging
- Logical
- Quick Thinker
- Confident
- Knowledgeable

Samples of Past Impromptu Prompts

- When I grow up...
- NFL
- Barack Obama
- Chicago Cubs
- Pepsi v. Coke
- An Apple a Day Keeps the Doctor Away
- Chinese Fortune Cookies
- Political Cartoons
- Happily Ever After
- Money isn't Everything

Learn More! The National Speech & Debate Association is the leading provider of competitive & educational resources to aid students and coaches as they explore our competitive events. For **Impromptu**, we have videos of past national final round performances at the middle and high school levels. Additionally, there are other resources such as webinars, activities for class or practice, and more! Take advantage of the amazing benefits of being a member by using our resources to help you advance yourself in competitive speech and debate activities. Visit www.speechanddebate.org for more information.

Find Your Voice

Impromptu speaking is like jumping into public speaking head first. It forced quick confidence and helped me grow as a speaker by giving me the skills to prioritize my decision making to prepare an organized and meaningful speech."

— Alex Baranosky, Association Alum

Middle School Competition Events – At A Glance

Impromptu



Basic Understandings

Impromptu is a public speaking event that tests a student's ability to analyze a prompt, process his or her thoughts, organize the points of the speech, and deliver them in a clear, coherent manner. Students' logic is extremely important. They must be able to take an abstract idea, such as a fortune from a fortune cookie, and put together a speech that has a thesis and supporting information.

Research

Students should be knowledgeable about current events. This is true for two reasons in Impromptu speaking. First, prompts are often based upon current events or people and organizations found often in the news. Second, knowledge of current events can assist the student in generating ideas for the speech. Having a solid understanding of what is occurring domestically and abroad would be important. Students should stay up-to-date by watching news or reading sources like *The New York Times*, *The Economist*, *World Affairs*, BBC, and more.

Students can also do research to broaden their understanding of unfamiliar subjects. Given the broad scope of potential Impromptu prompts, it is beneficial to learn about things you are unaware of or uncomfortable with. Ask friends or family to list a bunch of topics they know about that you may not. For example, if a student is not aware of alternative energies, they could research examples. Students could find information on historical events, scientific discoveries, policy options the government is considering, trends in social issues, pop/cultural references, and more. Although sources are not formally cited in Impromptu, students should speak about a range of topics with comfort and credibility.

Structural Components

In an Impromptu round the speaker draws three prompts from an envelope. After drawing the three prompts, the student must select one and begin brainstorming their ideas for the speech. In total, a student has seven minutes. This seven minutes may be divided up by the student however they see fit. For instance, they could brainstorm and outline their ideas for 3 minutes and then deliver a

speech for 4, or brainstorm and outline for 1 minute and speak for 6 minutes. There is no minimum amount of time required for brainstorming and no minimum amount of time for speaking. Therefore, the student should work to develop the best possible structure and reasoning in as short amount of time as possible. Sometimes kids think that it's more impressive to speak for longer, but if the ideas aren't clear or well developed, it can detract from the overall performance.



Organizing

An Impromptu speech follows a basic structure where a student presents an introduction, body, and conclusion.

The introduction is an opportunity for the speaker to grab the audience's attention. This can be done in a number of ways, including a startling fact, relevant humor, current event, or a narrative. After getting the attention of the audience, the speaker should establish a clear thesis that relates to the Impromptu prompt. Finally, the introduction should provide a preview of the points that the speaker is going to cover.

Middle School Competition Events – At A Glance

Impromptu



The body of the speech includes two to three points that are related to the thesis. The points should be logically developed with supporting details. The supporting details do not need to be backed up with quotes or evidence, like other events, because students do not have access to research. Therefore, a student's logical reasoning with analytics is sufficient in most cases. The student should identify a claim and provide a justification for why that's true before telling us why it matters (an argument!).

For example, let's say that your prompt was the Chicago Cubs. You don't have to be a baseball fan to know that the Cubs have long struggled to play great baseball and are often the topic of jokes. You might create a thesis related to how important it is to persevere in the face of adversity. You might use arguments and examples from history where perseverance mattered more than winning. Tie that back to the Cubs fans sticking with their team through tough times. You might argue in another point about how important it is to maintain a sense of humor in the face of adversity. Certainly Cubs fans have to maintain a sense of humor about their ballclub.

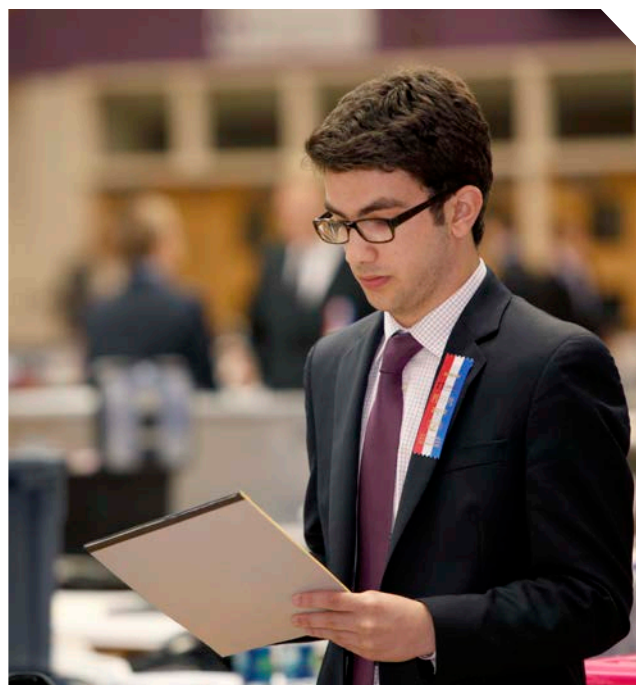
The conclusion of the speech provides a wrap up of what the speaker discussed. The conclusion should tie into the attention grabbing device, re-establish the thesis, and remind the audience of the main points that were addressed.

Standing it Up/Practicing

Delivering a speech on the spot, or with limited time to prepare your ideas, can be intimidating. Therefore, it's important to keep in mind that our brains are a muscle. The more time you practice memorizing, or simply memorize things, the better you become. Memorizing is a process, and getting comfortable with such a short amount of time to memorize your outline will get easier with time.

There are a number of activities you can do to practice. First, naturally, is to do practice Impromptu rounds. Have a coach or teammate give you sample prompts and time your prep and speech as if you were in a real round. Make notes of what went well and what could have been improved upon. Practice a wide range of prompts so that

you can be prepared for anything you might come across in a tournament. If there is an area that you are really comfortable with speaking on, practice that first and then get into the areas you are less confident.



Next, you can do improvisation games. Talk to interpretation students or coaches, or a drama teacher, to get ideas. One popular exercise is to have someone give you a random character, prop, and situation. For example, a doctor with a can of soup gets a parking ticket. The goal is to tie all of the elements together to create a story in a short period of time. You can also add a partner to make it more fun. The more you can prepare for spontaneous exchanges where you are thinking on your feet, the better.

Finally, think about common threads you can use on multiple topics. Is there a personal story that you can share and tie into multiple prompts or topic areas? Is there a statistic that can have various meanings? Is there a historical example that has different implications? Is there a book you love with an array of themes? It may be possible to think of a wide range of potential examples that you could easily adapt to various topics.

Middle School Competition Events – At A Glance

Impromptu



It is important, especially after you have done Impromptu for awhile, not to “can” your speeches, even if by accident. Canning is the process by which students walk into a round with a speech fully prepared and just try to tie that complete speech to the topic. Canning speeches is a practice which goes against the purpose of the event, which is to have students think on their feet and respond specifically to ideas that can be derived from the prompt. There is a difference between preparation and canning. Students who practice Impromptu speaking understand their arguments and examples well enough to choose them wisely, based upon the specific prompt, and talk about that prompt throughout the speech.

Performance Tips

It may sound cliché, but confidence is key! If you’ve put the legwork in, you should feel confident in the product you’ve created. Walk into that round with your head held high, ready to show the world what you’ve got! Trust the process of your practice and enjoy the experience.

Pay attention to other performers. Smile, be a warm, inviting audience member. There is nothing worse than getting up to perform and having an audience that either stone faces you or won’t look you in the eye. A majority

of the round is not your speech; therefore, take the opportunity to listen, learn, and support your competitors.

Keep a notebook for between rounds. Sometimes, another person’s performance will inspire you, and it’s a good idea to have a notebook handy to write down new ideas. It’s also nice to know who you competed against in each round. This way, you have a better understanding of who your competition is. When you review your ballots after the tournament, you can go back through your notebook and compare your ballots to your notes.

Between rounds, figure out what room you will be performing in next. Congratulate your competitors on a good performance after the round ends, and make friends during downtime. Be gracious, and keep criticisms of other performers to yourself, even if someone else tries to start a negative conversation.

Resources

The National Speech & Debate Association provides webinars, classroom and practice activities, and final round performances for all members. There are resources specific to Impromptu speaking. Not only that, but the Association offers a number of other public speaking resources that can be beneficial to Impromptu speakers. From persuasion to delivery strategies to argument construction, there are unparalleled resources to assist member students and coaches.

Competition Events – At A Glance

An Introduction to Original Oratory (OO)



Event Description

Students deliver a self-written, ten-minute speech on a topic of their choosing. Limited in their ability to quote words directly, **Original Oratory** competitors craft an argument using evidence, logic, and emotional appeals. Topics range widely, and may be informative or persuasive in nature. The speech is delivered from memory.

Considerations for Selecting an OO Topic

Students who write orations should think seriously about a topic that is of personal interest and significance to them. Given the number of weeks students may be doing Oratory, they will want to find a topic that they can keep fresh and engaging for extended periods of time. Additionally, orators should consider topics that are current and relatable to audience members. Oratory is an ongoing process! The last speech that is performed will never be a “final” draft. There is always room for revision, so pick a topic that you will enthusiastically explore and reflect upon during the season.

Traits of Successful OO Performers

When considering what topic you should choose, or which direction to point a student when selecting an event, here are some traits of successful Orators to keep in mind:

- Creative
- Unique
- Well-spoken
- Personable
- Enthusiastic
- Process-oriented

Examples of Past OO Topics

- Body Image
- Cultural Norms
- Distractions
- Face-to-Face Communication
- Motivation
- Negative Attention
- Over Commitment
- Sarcasm
- Self-confidence
- White Lies

Learn More! The National Speech & Debate Association is the leading provider of competitive and educational resources to aid students and coaches as they explore our competitive events. For **Original Oratory**, we provide a number of helpful resources—including live and recorded webinars designed to introduce foundational and advanced concepts in Oratory; access to OO final round videos; an Oratory textbook for Resource Package subscribers; videos from champion coaches; and much more! Take advantage of the amazing benefits of being a member by using our resources to help you advance yourself in competitive speech and debate activities. Visit www.speechanddebate.org for more information. ✨

Find Your Voice

The skills that I acquired from Oratory are skills most fundamental to the human condition. Oratory allowed me to advocate for what I believed in, in my words. It gave me the ability to tell my story from the stories and experiences of others. I learned the importance of organization, fact checking, word economy, along with innumerable other skills that form the foundation of great writing. Competing in Oratory gave me a unique opportunity to venture into elements of other events. Storytelling, humor, drama, spontaneity, argumentation, and research are all elements that are actively applied in Oratory. It's an event for anyone and everyone."

— **Avi Jaggi, Association Alum**

Middle School Competition Events – At A Glance

Original Oratory



Basic Understandings

Original Oratory is a speech written by the student with the intent to inform or persuade the audience on a topic of significance. Oratory gives students the unique opportunity to showcase their voice and passion for their topic.

An Oratory is not simply an essay about the topic—it is a well researched and organized presentation with evidence, logic, emotional appeals, and sometimes humor to convey a message. Topics may be of a value orientation and affect people at a personal level, such as avoiding peer pressure, or they can be more of a policy orientation and ask an audience to enact particular policies or solve societal problems. As the types of structure vary widely across the country, it may be wise to ask coaches in your region what is common.

While content is very important, Oratory requires students to balance that content with delivery and style. Oratory speakers must be articulate, engaging, and smooth with their delivery at both a vocal and physical level. Students will want to watch some rounds of Oratory to determine what types of style, delivery, and content might work best for them.

The Oratory speaker must also consider the audience as a vital component of the speech. What does the student want the audience to think, feel, believe, or be motivated to accomplish? Some students want the judges and fellow students to change attitudes. Others may simply want the audience to think about ideas through a different lens by challenging norms. As style and content go hand-in-hand, it's vital that students think carefully about their message, style, and composition of the audience as they construct the speech.



Research

Oratory research is as diverse as the topics students select. Oratory research might include newspaper and magazine articles, academic journals, non-fiction books, interviews, and credible digital content. Depending upon the topic, it might be possible that a student's own meaningful experiences may be in the speech.

The key to researching a powerful Oratory is to start with the message the student wants to deliver. Students will look to more personal and emotional styles to motivate the audience in a values based Oratory. Policy oratories may do more research related to government and policy, as well as organizational and community perspectives.

Source materials need to be incorporated throughout the speech with oral citation. The citation style varies with the type of source. For example, students should provide author and title of books, although some students will also provide the source credibility of the author. The name of the source and date may be sufficient for newspaper articles. It is important to recognize that whether the material is quoted directly from the source or paraphrased, sources must be cited. When drafting the Oratory, indicate direct quotations from sources using both quotation marks and some other marking such as highlighting or underlining. Remember: only 150 directly quoted words may be used. Choose your quoted text wisely. Once all the research is gathered, the sources should all be compiled into a works cited page.

Structural Components

After research has been conducted, the student can develop the composition of the speech. Let's go back to the idea of a message as the guide to the speech. Based upon the research and the student's own thoughts on the topic, the student needs to craft a thesis statement. The student should outline two to four major arguments to support the thesis.

Arguments are made up of three important components. First, a student must clearly establish a claim. This is a declarative statement that establishes the point the student sets out to justify in the speech. Next, the student must clearly establish why the argument is valid.

Middle School Competition Events – At A Glance

Original Oratory



This is known as the warrant for an argument. This means that Oratory speakers go beyond just asserting their claims to explaining why their claims should be accepted by the audience. Finally, the student must provide an impact for the argument. Why does the argument matter? Who is affected by this argument?

Now let's pull all of this together. Oratory speeches consist of an introduction, body (with 2-4 major points), and a conclusion. Students can group their research to support each element of the speech. For example, if the student finds a great personal narrative from a source which might grab the audience's attention, it can be marked for the intro. The process continues until each portion of the speech has evidence that backs up the claim, warrant, and impacts for each argument.

Organizing

Students should start with the body of the speech which features the major arguments and ideas. Students should take their main points with supporting research and decide an order. Major points might inform the audience of an issue, challenge assumptions the audience may have, compel the audience to make a personal change, or encourage the audience to visualize what the world might be like. Some questions to consider: What argument or idea makes the most logical sense to start with? What does the audience need to know or understand before they can accept later arguments? Which point most persuasively calls the audience to action? Many students want to start by writing the introduction first, but the student can't introduce a speech without understanding what is in that speech and how the arguments will be organized.

After the body of the speech has been established, the student can outline an introduction and conclusion. The introduction should engage the audience, establish the significance of the topic, transition to a thesis statement, and preview the major points that will be covered in the speech. After the body of the speech there is a conclusion which involves a restatement of the thesis, a review of the major points, and final thoughts that engage the audience and call them to action.

With a complete outline now developed, the student can write the speech section by section. It is important for the coach to review each part of the speech for consistency of style and approach. Although the speech needs to be conversational, some students will feature more formal language choices, or incorporate some type of humor throughout the speech, or take a more personal or narrative approach. There is no "right" or "wrong" voice but it needs to match the student's thoughts, ideas, and engagement with the audience.

Standing it Up/Practicing

Students don't have to wait until the speech is completely written to stand it up. Students should take sections of the speech, such as the introduction and conclusion, or one of the major points in the speech, and talk it out. An effective writing technique is for students to verbalize their thoughts, record them, and then review those recordings to see how their language sounds to the human ear. This will help the student identify what style might be most appropriate for delivery of the message. Although not all students are comfortable being recorded, their ideas, expressions, and turns of phrase can be captured while experimenting with the content.

Once the speech is written, many students struggle with memorization. This doesn't have to be the case! One effective practice technique is breaking the speech up by section or paragraph, such as their introduction, and practicing that section until it is solidly memorized. Once that section is memorized, they can move on to the next section and so on. Students can print out the speech in large type, tape it down a hallway, and read their speech aloud, complete with gestures, to reinforce memorization.

Team and family members are also extremely valuable when it comes to practicing the speech after it is memorized. Since the audience is such a vital component of Oratory, it is important to perform in front of real and varied groups. Students may seek out community groups, such as a local Rotary club, or community centers, such as a senior living facility, and perform their speeches. Students should perform as often as possible in front of an audience to help them get more comfortable before

Middle School Competition Events – At A Glance

Original Oratory



their first tournament. This also provides an excellent opportunity to see how the speech sounds to an audience and test any humor that they might want to use.



Performance Tips

Students need to recognize that they spend only a small percentage of their time speaking and most of the tournament listening to others. While students watch the other speakers in rounds of Oratory, they should take note of what is effective and what needs improvement in other students' speeches. Students can carry a notebook with them and write down thoughts about audience appeals, structure, and language used by other students. What works? What doesn't? They then can share comments with coaches after the tournament is complete and talk about how adjustments might be made to their own speeches.

Oratory students need to make sure that they are excellent audience members. That means students are

engaged in the round, taking notes, thinking about the arguments and analysis of others' speeches, and being responsive to the speakers. Students need to keep all of their comments about performances to themselves until after the tournament is complete as it is disrespectful to make comments with other students present, in particular critical comments about specific student performances.

After a period of time, students may become a bit bored with their speeches after delivering them over and over again. That is okay! Once the speech is written the student needs to recognize that it is not carved in stone. Making changes to the manuscript is a natural part of the process of speechwriting. After a tournament the students should take the comments on ballots and reflect upon how those comments can improve the speech content and style. Additionally, students need to be reminded that every performance is important, that there is always someone in the room who has never heard that speech before, and that they need to keep up their energy every round of every tournament. Perhaps the writing can be refreshed a bit or perhaps a section of the speech needs a bit more polish, but that should not deter your performance for that particular audience. Every speech should be given with the same dedication and enthusiasm as the first.

Resources

The National Speech & Debate Association provides excellent resources for our members. The textbook *The Art & Science of Original Oratory* is a fantastic resource for beginning orators and veterans alike. Oratory specific activities for topic selection, delivery and humor help to develop students' skills. Also, the Association provides members with access to past national finals rounds as well as top notch webinars to provide coaches and students alike with ideas and tips on how to make their Oratories the best they can be. All of these resources and more are easily accessible on your personal dashboard at www.speechanddebate.org.

Competition Events – At A Glance

An Introduction to Poetry (POE)



photo: Sur la Lune Photography

Event Description

Using a selection or selections of literature, students provide an interpretation of Poetry with a time limit of 7 minutes, including introduction. Poetry is characterized by writing that conveys ideas, experiences, and emotions through language and expression. Students may choose traditional poetry, often characterized by rhyme or rhythm, or nontraditional poetry, which often has a rhythmic flow but is not necessarily structured by formal meter (meter is a beat, pattern, or structure, such as iambic pentameter). Students may not use prose, nor drama (plays), in this category. Students must use a manuscript in Poetry, which typically consists of a small three-ring binder with page protectors. Reading from a book or magazine is prohibited.

Considerations for Selecting Poetic Literature

Students in Poetry Interpretation may choose literature on topics that are serious, humorous, non-linear, ethereal, or thought-provoking -- the key is to choose Poetry that works for the individual student. Poetry collections, often referred to as anthologies, or a single long-form poem may be selected. Considerations for an appropriate piece include the student's personality, maturity, physical and vocal performance range, and school standards.

Traits of Successful Poetry Performers

When considering what event you should choose, or which direction to point a student, here are some traits of successful Poetry students to keep in mind:

- Expressive and artistic
- Appreciates language
- Excellent verbal and physical control
- Emotional maturity
- Enjoys reading and performing
- Confident
- Engages an audience

Examples of Past Poetry Titles

- *Revolting Rhymes* by Roald Dahl
- *Soda Jerk* by Cynthia Rylant
- *Where the Sidewalk Ends* by Shel Silverstein
- *Prince Charming* by Cris Gibson
- *Season of Tears* by Adonis
- *Blood Dazzler* by Patricia Smith

Learn More! The National Speech & Debate Association is the leading provider of competitive & educational resources to aid students and coaches as they explore our competitive events. For Poetry Interpretation, we have videos of past national final round performances at the middle and high school levels. We have a full-length textbook on Oral Interpretation of Literature. We also have many other interpretation resources, such as webinars, activities for class or practice, and more!

Find Your Voice

When all words fail to express what you want to say, Poetry has the kind of language that can. It's a beautiful challenge that you can take in any direction, composing an arrangement that speaks to you yet also creates discussion among your audience. When you nail that performance, it's the best feeling in the world."

— Allison Macknick, Association Alum

Middle School Competition Events – At A Glance

Poetry



Basic Understandings

Poetry is characterized by writing that conveys ideas, experiences, and emotions through language and expression. Often Poetry is very creative in terms of vocabulary and composition. While Poetry may tell a story or develop a character, more often Poetry's focus on language and form are designed to elicit critical thought, reflection, or emotion. Students may choose what the National Speech & Debate Association refers to as traditional Poetry, which often has a formal meter or rhyme scheme, or nontraditional Poetry, which often has a rhythmic flow but lacks formal rhyme or meter (examples include spoken word or slam Poetry).

As there are so many different types of Poetry that can be performed, it is important to observe rounds to see what other students and teams are using. The Association has final rounds of Poetry from both the high school and middle school level to review. Local and regional tournaments may vary in their selection of Poetry to perform.

Research

When looking for Poetry Interpretation, start with what the student knows -- what types of literature do they enjoy? What types of themes or ideas can they relate to? Poetry collections, often called anthologies, are very prominent in bookstores or libraries. There are so many to choose from that a student can feel overwhelmed with the abundance of options. Thus, having an idea of themes or topics of interest might lead students to choose a specific collection to review. For example, if the student enjoys learning about cultures and customs, there are many Poetry anthologies from various parts of the world that communicate a wide range of experiences. Other collections include themes on motherhood, love, loss -- there is even a collection of outlaw Poetry!

In addition, many prominent authors who write books, or essays may also have written Poetry on a range of topics or issues of interest. Thus, conducting a search for authors in addition to specific topics, themes, or pieces is advisable. Many online reading sites offer suggestions for authors or pieces based upon interests. Enter poems the

students like and other recommendations will appear. The opportunities truly are limitless!

Read reviews of potential Poetry pieces to help narrow the choices. Scanning Poetry collections quickly and efficiently is often the best way to process significant amounts of material. Read a few poems aloud to get a feel for how the Poetry sounds. Ask the student the following questions: Is an accent or specific vocal quality called for in the literature? Is the theme something a student can relate to? Is the language accessible to the student? Is the language appropriate for oral interpretation? Some Poetry is meant to be read or visualized instead of being performed. Also keep in mind that some Poetry collections contain very vivid material that may not be appropriate for all ages.

In addition to the above considerations, remember that it is important for the student to perform material that they connect with and is a match for their style and personality. Some students and coaches might want the student to challenge their weaknesses, but in competitive speech activities it is often best to focus on the students' strengths at a young age, especially as they learn the creative process of selecting, cutting, and performing literature. If a student identifies good Poetry that isn't a match for that particular student, consider setting it to the side to help out a teammate who might be better suited to the material. A very important question to ask: Is the content appropriate for general, middle school audiences?



photo: Sur la Lune Photography

Middle School Competition Events – At A Glance

Poetry



Structural Components

Your **cutting** is the 7 minute collection of poems or a single poem you are performing. The cutting is how the student has arranged the poem(s) based upon the themes/ideas expressed. Your cutting may look something like this (taken from *Interpretation of Literature, Bringing Words to Life*). *Note that these times are approximations.

TEASER • 0:00 – 0:45

Previews the topic, theme, and mood through selected poems. Teasers are not required.

Example:

Poem #1 (10 seconds)

Poem #2 (20 seconds)

Poem #3 (15 seconds)

Poem #1 (5 seconds)

INTRO • 0:45 – 1:30

The student, in his/her own words, discusses the literature. Must be memorized and include titles and authors.

EXPOSITION • 1:30 – 3:15

Develops all of the pieces, themes, and ideas

Example:

Poem #2 (20 seconds)

Poem #1 (25 seconds)

Poem #3 (20 seconds)

Poem #2 (15 seconds)

BUILD TO CLIMAX / CLIMAX • 3:15 – 6:00

Poetry changes pace, tone, volume as it builds. Creates emotional peak of the performance. Student continues to go from one poem to the next

RESOLUTION • 6:00 – 7:00

Poetry changes pace, tone, volume as it pulls back. Concludes the major themes and ideas with the end of one or more poems.

Blocking is a term used to describe movement in a performance. Sometimes blocking is expressive in nature, symbolizing how a character is feeling emotionally, while at other times blocking denotes events that are occurring in the imagined space. Keep in mind that movement should always be motivated by elements in the text or

found within a poem. Blocking for the sake of blocking is not necessary, and in many tournaments there are specific rules for how much movement, if any, is allowed. Those performances emphasize vocal or other nonverbal forms of communication.

Blocking is one type of **nonverbal communication**, which may also include gestures, facial expressions, posture, and eye contact. Much of oral interpretation is contained in the nonverbal elements of performance as tone, setting, mood, and character all can be established through various physical representations.

Organizing

Cutting Poetry is a challenging process as many poets compose their material with language and style in which cutting one part of a poem affects the entire piece. Poetry that is organized by verse or stanza with clear patterns of language and style should be carefully considered. Poetry participants may cut out an entire section of a poem for time limitations, for example, but will not want to modify the words within a stanza nor eliminate individual lines that affect the rhythm or meter.

Once you have your cutting, take the time to “beat” out your script. This means reading the script aloud and making notes as you go. As you read aloud, use symbols to indicate shorter pauses “/” or longer pauses “//.” Consider the emotional qualities behind each line. Consider how the lines affect your verbal and nonverbal communication.

Whether the Poetry has a formal structure and rhyme pattern or is free verse, it is important to examine the conventions within the Poetry selections and determine what to emphasize during the performance. For example, rhyme patterns provide flow for the Poetry, but can also call attention to themselves, as students anticipate the rhyme and hit the beat hard. Performances may fall into predictable patterns as a result. Students should pay special attention to repetition and decide whether to repeat the words in the same fashion each time or vary their vocal qualities.

Bookwork is the use of the manuscript within oral interpretation. The bookwork can be very basic, such as

Middle School Competition Events – At A Glance

Poetry



closing the book during the introduction and conclusion, as well as turning pages with each change of poem. Other students will have more extensive bookwork, including page turns to express dramatic moments or changes in tone, or holding the script to represent an imaginary property, such as a photo album.

Indicate potential choices for blocking, bookwork, and rhythm/meter of your script, as needed, while developing the Poetry Interpretation.

Read your script aloud. Eliminate any excess language that sounds awkward or is unnecessarily redundant.

After organizing, some students will consider cutting the Poetry differently as a result of choices that are made. As a final step, make sure that the introduction successfully represents the script and performance choices. Cut your script into segments which match the page turns, put it in the book, and let's get practicing!

Standing it Up/Practicing

You have done a lot of work to get to this point, but you are now ready for the reward -- stand it up! You will want to start by familiarizing yourself with your script. Although you are not required to be memorized, successful interpers have mastered their script so that they know not only what they are saying in the moment, but also know what is coming up next. You can gain familiarity with the script by reading it multiple times. Start by reading each page several times. As you learn the script, make notes about which words you might want to cut, or what is not flowing smoothly from one section to another, so that you can make adjustments after the practice session.

Students may want to practice one complete poem before going on to the next, even if it is split up in the actual script, so that the students have a clear understanding of each poem's vocal quality, intonation, and physical representations. After mastering each of the poems, the student can move on to the script. Keeping each poem consistent from page turn to page turn is a tremendous challenge but very rewarding when it all comes together!

Beginning interpers often struggle with bookwork. It can feel very awkward holding the book comfortably and turning pages naturally. Recognize that it takes time and lots of practice. Watch how other performers conduct their bookwork. Ask for help. Whatever you do, don't rush the bookwork. It is jarring to watch interpers rapidly opening and closing books and zipping through page turns. Even basic bookwork is a part of the performance and establishes an important connection between the student and the script.



photo: Sur la Lune Photography

Once the student has a solid grasp of the script, the coach and student can do some timed run-throughs with both oral and written comments for the student. Focus on the big picture in these early practices. Work on analysis of language, tone, mood, rhythm, and flow. Consider carefully how students are using their voice, including pause, pitch, tone, volume, diction, and inflection. Eventually the student will be ready for line-by-line practices. Line-by-line is characterized by intensive rehearsal on each and every page and, at times, on every line, until the best possible interpretation is achieved at that moment. Make sure the performance is within the time limits.

The student is now ready to do some performances in front of other students, coaches, or even an audience. Attend tournaments and review ballots. At this stage, feedback is incredibly important. Take note of all comments, as having a fresh perspective on an interpretation is vitally important. Students must be willing to take that feedback and make modifications.

Middle School Competition Events – At A Glance

Poetry



Even the most naturally talented of performers need practice! Respect the time and resources of your coach and school. Be sure to give it your best effort every day and you will be successful no matter the tournament outcome.



photo: Sur la Lune Photography

Performance Tips

It may sound cliché, but confidence is key! If you've put the legwork in, you should feel confident in the product you've created. Walk into that round with your head held high, ready to show the world what you've got! Trust what you and your coach created. Do what you practiced, and if you feel compelled to "try something new," review it with your coach beforehand. Consistency is key. It's hard to evaluate what to change in practice if your performance in the round is completely different than what you've been working on.

Pay attention to other performers. Smile! Be a warm, inviting audience member. There is nothing worse than getting up to perform and having an audience that either stone faces you or won't look you in the eye. Think of it this way: if your round is an hour long, you are only speaking for 7 of those minutes. The remaining minutes are for you to listen, learn, and support your competitors.

Keep a notebook for between rounds. Sometimes, another person's performance will inspire you, and it's a good idea to have a notebook handy to write down new ideas. It's also nice to know who you competed against in each round. This way, you have a better understanding of who your competition is. When you review your ballots after the tournament, you can go back through your notebook and compare your ballots to your notes.

Between rounds, figure out what room you will be performing in next. Congratulate your competitors on a good performance after the round ends, and make friends during downtime. Be gracious, and keep criticisms of other performers to yourself, even if someone else tries to start a negative conversation.

Resources

A great source is *Interpretation of Literature—Bringing Words to Life* by Travis Kiger and Ganer Newman.

They cover cutting, characterization, blocking, and the structure of a story. Watch final round videos of Poetry Interpretation from past Middle School Nationals.

Observe the rounds not only as entertainment, but keep your eyes peeled for effective bookwork, cutting, and performance techniques. Ask yourself, how can I apply similar techniques to my performance? The best way to learn Poetry Interpretation, outside of actively doing it, is by watching and learning from other performers.

The textbook, final rounds, and more can be found on www.speechanddebate.org.

Competition Events – At A Glance

An Introduction to Prose (PRO)



photo: Sur la Lune Photography

Event Description

Using short story, parts of a novel, or other published work of prose, students provide an interpretation of one or more selections with a time limit of 7 minutes, including introduction. Typically a single piece of literature, Prose can be drawn from works of fiction or non-fiction. Prose corresponds to usual (ordinary/common) patterns of speech and may combine elements of narration and dialogue. Students may not use poetry, nor drama (plays), in this category. Students must use a manuscript in Prose, which typically consists of a small three-ring binder with page protectors. Reading from a book or magazine is prohibited.

Considerations for Selecting Prose Literature

Students in Prose Interpretation may choose literature on topics that are serious, humorous, mysterious, thought-provoking -- the key is to choose Prose that works for the individual student. Non-fiction publications, such as essays, articles, and biographies, or works of fiction, such as short stories and books, may be sources for Prose Interpretation. Considerations for an appropriate piece include the student's personality, maturity, physical and vocal performance range, and school standards.


Traits of Successful Prose Performers

When considering what event you should choose, or which direction to point a student when selecting an event, here are some traits of successful Prose students to keep in mind:

- Expressive
- Excellent verbal and physical control
- Emotional maturity
- Enjoys reading and performing
- Confident
- Engages an audience

Examples of Past Prose Titles

- *Imagination: A Memoir* by Elizabeth McCracken
- *Long Shadow of Little Rock* by Daisy Bates
- *The Fault in our Stars* by John Green
- *Joey Pigza Swallowed the Key* by Jack Gantos
- *Alice's Adventures in Wonderland* by Lewis Carroll
- *The Elizabeth Stories* by Isabel Huggan

Learn More! The National Speech & Debate Association is the leading provider of competitive & educational resources to aid students and coaches as they explore our competitive events. For Prose Interpretation, we have videos of past national final round performances at the middle and high school levels. We have a full-length textbook on Oral Interpretation of Literature. We also have many other interpretation resources, such as webinars, activities for class or practice, and more! 

Find Your Voice

"I love Prose because it's all about connecting to the audience. I want them to care about a story and connect with it on a very emotional and personal level. A good Prose lets you suspend time for a few minutes and just enjoy the ride."

— Emily Anderson, Association Alum

Middle School Competition Events – At A Glance

Prose



Basic Understandings

Prose is often classified as the “other” category of interpretation. It’s not poetry. It’s not drama. It’s not storytelling. So what is prose? Prose combines multiple elements of oral interpretation of literature. Prose corresponds to usual patterns of speech -- that which you would find most every day in a particular space and time (in contrast to poetic form and language). Prose typically has a narrative with its related rises and falls, much like Storytelling. Prose may also feature character development and dialogue, much like Dramatic Interpretation. Prose may have humorous elements embedded, much like Humorous Interpretation. In short, while many categories have specific interpretation focal points, Prose Interpretation is very wide open, and choices of material may vary from region to region or even tournament to tournament.

Research

When looking for Prose Interpretation, start with what the student knows -- what types of literature do they enjoy? What types of themes or ideas can they relate to? Short story collections, often called anthologies, are very prominent in bookstores or libraries. There are so many to choose from that a student can feel overwhelmed with the abundance of options. Thus, having an idea of themes, ideas, or authors might lead students to choose a specific collection to review. For example, if the student enjoys learning about cultures and customs, there are many anthologies from various parts of the world. If the student enjoys reading detective stories, there are many collections focused on mystery and suspense.

In addition, many prominent authors who write novels may also have written short stories or essays on a range of topics or issues of interest. Thus, conducting a search for authors in addition to specific topics, themes, or pieces is advisable. Many online reading sites offer suggestions for authors or pieces based upon interests. Plus there is a host of young adult literature that may be appropriate for interpretation as well. The opportunities truly are limitless!

Read reviews of potential Prose pieces to help narrow the choices. Read summaries to find out the basic plotline

before diving into the literature. And do a quick scan of any short story or book to see if it is a good match for the student -- how many characters are there? Is an accent called for in the literature? Is it set in a place and time the student can relate to? Is the language accessible to the student? Is the language appropriate for oral interpretation? Can the essence of the scene or plot be conveyed in less than 7 minutes? Asking these questions while scanning the literature will help certain pieces rise to the top of the list. Ultimately, the student needs to know him or herself enough to know what can and cannot be performed. If the student cannot perform a southern accent, for example, consistently and authentically, then the student either needs to work very, very hard on that vocal ability or choose another piece. Some students and coaches might want the student to challenge their weaknesses, but in competitive speech activities it is often best to focus on the students’ strengths at a young age, especially as they learn the creative process of selecting, cutting, and performing literature.



photo: Sur la Lune Photography

Middle School Competition Events – At A Glance

Prose



Structural Components

Your **cutting** is the 7 minute portion of the selection you are performing. This is how you've arranged the narrative and what aspects of the story you've decided to tell. Your cutting may look something like this (taken from *Interpretation of Literature, Bringing Words to Life*).

*Note that these times are approximations.

TEASER • 0:00 – 0:45

Previews the topic and mood of the selected literature. Teasers are not required.

INTRO • 0:45 – 1:30

The student, in his/her own words, discusses the literature. Must be memorized and include the title and author.

EXPOSITION & INCITING INCIDENT • 1:30 – 3:00

Introduces characters and setting. Sends the conflict into motion.

RISING ACTION & CLIMAX • 3:00 – 6:00

Complicates the conflict. Creates emotional peak of the performance.

FALLING ACTION & RESOLUTION • 6:00 – 7:00

Resolves the conflict. Concludes the story.



photo: Sur la Lune Photography

Blocking is a term used to describe movement in a performance. Sometimes blocking is expressive in nature, symbolizing how a character is feeling emotionally, while at other times blocking denotes events that are occurring in the imagined space. Keep in mind that movement should always be motivated by elements in the text or found within a character. Blocking for the sake of blocking is not necessary, and in many tournaments there are specific rules for how much movement, if any, is allowed. Those performances emphasize vocal or other nonverbal forms of communication.

Blocking is one type of **nonverbal communication**, which may also include gestures, facial expressions, posture, and eye contact. Much of oral interpretation is contained in the nonverbal elements of performance as tone, setting, mood, and character all can be established through various physical representations.

Organizing

Once you have your cutting, take the time to “beat” out your script. This means reading the script aloud and making notes as you go. As you read aloud, use symbols to indicate shorter pauses “/” or longer pauses “//.” Consider the narrative and emotional qualities behind each line. Consider how the lines affect your verbal and nonverbal communication.

Bookwork is the use of the manuscript within oral interpretation. The bookwork can be very basic, such as closing the book during the introduction and conclusion, as well as turning pages with scene changes. Other students will have more extensive bookwork, including page turns to express dramatic moments or changes in tone, or holding the script to represent an imaginary property, such as a photo album.

If the Prose selection has characters speaking to each other, students can mark focal points in their script. Focal points (sometimes referred to as offstage focus) are used when a character is speaking to another character. Instead of turning their head dramatically back and forth, students can pick a point in front of them to represent the placement of the character. For example, a mother speaking to her daughter might be positioned with a lower

Middle School Competition Events – At A Glance

Prose



focal point to indicate that she is taller than her daughter. When in the voice of the daughter, the focal point might be higher to represent her looking up to an authority figure.

Indicate potential choices for blocking, bookwork, and focal points in the margins of your script, as needed.

Read your script aloud. Eliminate any excess language that sounds awkward or is unnecessarily redundant. After organizing, some students will consider cutting the piece differently as a result of choices that are made. As a final step, make sure that the introduction successfully represents the script and performance choices. Cut your script into segments which match the page turns, put it in the book, and let's get practicing!

Standing it Up/Practicing

You have done a lot of work to get to this point, but you are now ready for the reward -- stand it up! You will want to start by familiarizing yourself with your script. Although you are not required to be memorized, successful interpers have mastered their script so that they know not only what they are saying in the moment, but also know what is coming up next. You can gain familiarity with the script by reading several times in a row. Start by reading each page several times. As you learn the script, make notes about which words you might want to cut, or what is not flowing smoothly from one section to another, so that you can make adjustments after the practice session.

Beginning interpers often struggle with bookwork. It can feel very awkward holding the book comfortably and turning pages naturally. Recognize that it takes time and lots of practice. Watch how other performers conduct their bookwork. Ask for help. Whatever you do, don't rush the bookwork. It is jarring to watch interpers rapidly opening and closing books and zipping through page turns. Even basic bookwork is a part of the performance and establishes an important connection between the student and the script.

Once the student has a solid grasp of the script, the coach and student can do some timed run-throughs with both oral and written comments for the student. Focus on the

big picture in these early practices. Work on analysis of scenes, characters, language, and the overall impact of the story. Consider carefully how students are using their voice, including pause, pitch, tone, volume, diction, and inflection. Eventually the student will be ready for line-by-line practices. Line-by-line is characterized by intensive rehearsal on each and every page and, at times, on every line, until the best possible interpretation is achieved at that moment. Make sure the performance is within the time limits.

The student is now ready to do some performances in front of other students, coaches, or even an audience. Attend tournaments and review ballots. At this stage, feedback is incredibly important. Take note of all comments, as having a fresh perspective on an interpretation is vitally important. Students must be willing to take that feedback and make modifications.

Even the most naturally talented of performers need practice! Respect the time and resources of your coach and school. Be sure to give it your best effort every day and you will be successful no matter the tournament outcome.



photo: Sur la Lune Photography

Middle School Competition Events – At A Glance

Prose



photo: Sur la Lune Photography

Performance Tips

It may sound cliché, but confidence is key! If you've put the legwork in, you should feel confident in the product you've created. Walk into that round with your head held high, ready to show the world what you've got! Trust what you and your coach created. Do what you practiced, and if you feel compelled to "try something new," review it with your coach beforehand. Consistency is key. It's hard to evaluate what to change in practice if your performance in the round is completely different than what you've been working on.

Pay attention to other performers. Smile! Be a warm, inviting audience member. There is nothing worse than getting up to perform and having an audience that either stone faces you or won't look you in the eye. Think of it this way: if your round is an hour long, you are only speaking for 7 of those minutes. The remaining minutes are for you to listen, learn, and support your competitors.

Keep a notebook for between rounds. Sometimes, another person's performance will inspire you, and it's a good idea to have a notebook handy to write down new

ideas. It's also nice to know who you competed against in each round. This way, you have a better understanding of who your competition is. When you review your ballots after the tournament, you can go back through your notebook and compare your ballots to your notes.

Between rounds, figure out what room you will be performing in next. Congratulate your competitors on a good performance after the round ends, and make friends during downtime. Be gracious, and keep criticisms of other performers to yourself, even if someone else tries to start a negative conversation.

Resources

A great source is *Interpretation of Literature—Bringing Words to Life* by Travis Kiger and Ganer Newman. They cover cutting, characterization, blocking, and the structure of a story. Watch final round videos of Prose Interpretation from past Middle School Nationals. Observe the rounds not only as entertainment, but keep your eyes peeled for effective bookwork, cutting, and performance techniques. Ask yourself, how can I apply similar techniques to my performance? The best way to learn Prose Interpretation, outside of actively doing it, is by watching and learning from other performers.

The textbook, final rounds, and more can be found on www.speechanddebate.org.

Competition Events – At A Glance

An Introduction to Storytelling (STO)



Event Description

Students select a published story that meets a specified theme and perform the story for no more than 5 minutes. Storytelling themes range widely and may include mysteries, heroism, or fairy tales. Students select a story that would be appropriate for young children and tell the story as if presenting to that audience. Students may use a chair. Manuscripts are not permitted.

Considerations for Selecting Stories

Students in Storytelling select material based upon the theme and the audience. Children's books are commonly chosen as material. Students can also look for collections of stories on various themes. Considerations for an appropriate piece include the student's personality, physical and vocal performance range, and school standards.


Traits of Successful Storytellers

When considering what event you should choose, or which direction to point a student when selecting an event, here are some traits of successful Storytelling students to keep in mind:

- Animated
- Outgoing
- High energy
- Captivating
- Enjoys performing
- Confident
- Engages an audience
- Enjoys working with children

Examples of Past Storytelling Themes

- Thriller and Mystery
- Americana
- Heroism
- Native American Tales
- Fairy Tales
- Tales of Adventure
- Campfire Stories

Learn More! The National Speech & Debate Association is the leading provider of competitive & educational resources to aid students and coaches as they explore our competitive events. For Storytelling, we have videos of past national final round performances at the middle and high school levels. We have a webinar specifically designed for Storytelling competition. We have a full-length textbook on Oral Interpretation of Literature in addition to many other general interpretation resources, such as webinars, activities for class or practice, and more! 

Find Your Voice

What I love about storytelling is it lets a competitor be goofy. Not just funny but outlandishly goofy. There's seldom a moment where you have to worry if something 'makes sense.' Most of the stories used in competition have plot lines that suspend reality in the first place. So, if I have a script with a talking iguana and I want to make him Australian, it works. I love how crazy it can get."

— Emma Wilczynski, Association Alum

Middle School Competition Events – At A Glance

Storytelling



Basic Understandings

Storytelling consists of sharing a story with an audience, performed as if the audience were a group of young children. The story must meet the theme of the tournament and not exceed five minutes. Students may use a full range of movement to express themselves and may incorporate a chair in a variety of different ways. Students may be seated but most commonly performers use a full range of stage space available to them.

As there are so many different types of stories that can be performed, it is important to observe rounds to see what other students and teams are using. The Association has final rounds of Storytelling from both the high school and middle school level to review. Local and regional tournaments may vary in the selection of stories performed.

Research

Storytelling research involves going to libraries and bookstores and enjoying their vast collections of children's books. Keep in mind that five minutes includes an introduction. Thus, the story must be fully conveyed in a very limited frame of time. Students should choose stories that are not only fun but have a story with sufficient plot and character development to keep the audience entertained and engaged.

Often one of the most difficult tasks is finding a piece that fits the theme. Before going to the bookstore or library, take a moment to look for lists of stories online. A simple Google keyword search will net many results. Students may also want to go to sources such as Amazon that provide recommendations on related books to get some additional ideas.

Another strategy is to search by author instead of themes or titles of specific pieces. Children's authors typically produce a large volume of work. By choosing favorite authors and writing styles, students can narrow their choices considerably. Many children's books become part of a larger series. By looking to online reviews or summaries, students can quickly find out what themes emerge from an entire set of books. Finally, keep in mind

that many children's stories are produced by more than one individual, such as an illustrator. Be sure to search for the names of all major contributors when doing your research.



Structural Components

Your *cutting* is the 5 minute portion of the story you are performing. The cutting consists of your arrangement of the narrative and what aspects of the story you've decided to tell. Your cutting may look something like this (taken from *Interpretation of Literature, Bringing Words to Life*). *Note that these times are approximations.

TEASER • 0:00 – 0:30

Previews the story, characters, and style of the selected literature. Teasers are not required.

INTRO • 0:30 – 1:00

The student, in his/her own words, discusses the literature. Must be memorized and include the title and author.

EXPOSITION & INCITING INCIDENT • 1:00 – 2:30

Engages the audience in character, setting, and theme. Sends the conflict into motion.

RISING ACTION & CLIMAX • 2:30 – 4:15

Complicates the conflict. Creates emotional peak of the performance.

FALLING ACTION & RESOLUTION • 4:15 – 5:00

Resolves the conflict. Concludes the story.

Middle School Competition Events – At A Glance

Storytelling



Blocking is a term used to describe movement in a performance. Sometimes blocking is expressive in nature, symbolizing how a character is feeling emotionally, while at other times blocking denotes events that are occurring in the imagined space. Keep in mind that movement should always be motivated by elements in the text or derived from the telling of the story. Blocking for the sake of blocking is not necessary. Some stories call for the performers to have more limited movement as the emphasis is on vocal or other nonverbal forms of communication.

One unique element of blocking in Storytelling is the presence of the chair. Some competitors sit down to chat with the audience as if they were children. Others will stand on the chair briefly for effect while others will use it to create a stage space, such as tipping it on its side and hiding behind it as if were a protective wall. Students need to take care with the use of the chair, both in terms of their personal safety as well as overdoing it, to the extent the chair becomes the focal point of the story instead of a compliment to the blocking.

Blocking is one type of **nonverbal communication**, which may also include gestures, facial expressions, posture, and eye contact. Much of oral interpretation is contained in the nonverbal elements of performance as tone, setting, mood, and character all can be established through various physical representations.

Organizing

Students should map out all of the activities of the story. This outline provides a snapshot of what takes place and allows for easy review when deciding what to cut or keep in the performance. In addition to maintaining any major plot points in the story, students will want to select the funniest and most dramatic parts of the storyline to draw in the audience.

Students can then choose the most relevant sections of the story and include those in the master manuscript. Once you have your cutting, take the time to “beat out” your manuscript. This means reading the script aloud and making notes as you go. As you read aloud, use symbols to indicate shorter pauses “/” or longer pauses “//.” Consider

the emotional qualities behind each line. Consider how the lines affect your verbal and nonverbal communication.

Indicate potential choices for blocking, nonverbal expressions, and audience engagement in the manuscript. Taking notes in the preparatory stages is very important for any type of performance.

Read your script aloud. Eliminate any excess language that sounds awkward or is unnecessarily redundant. After organizing, some students will consider cutting the piece differently as a result of choices that are made. As a final step, make sure that the introduction successfully represents the manuscript and performance choices.



Standing it Up/Practicing

As Storytelling must be memorized, the first step after cutting and analyzing your piece is to memorize it. As it is a short event with simplified language, many competitors might find that memorizing a story is very easy. Other students struggle to memorize even short performances. Here are some things to keep in mind as you memorize your story.

Middle School Competition Events – At A Glance

Storytelling



Our brains are a muscle. The more time you practice memorizing, the better you become. The more cues that you can give your brain to aid memorization the better. Sitting down staring at a script, re-reading the lines in your head, will not be beneficial. Memorize the story with the intent to perform it. Type up a clean version with only your finalized text and blocking. Then, tape it to the wall and actively memorize. Read the lines aloud moving with them as indicated by your cutting. Sometimes, it's helpful to do this in front of a mirror, so you can evaluate the effectiveness of your movements. It is helpful to memorize a paragraph at a time, building off of the paragraph that came before. This will significantly decrease the time it takes to memorize your performance.

Once memorized, you and your coach can then build off of the choices you've made for your story. Adjustments to blocking, characterization, and line delivery can be made.

Once the student has a solid grasp of the story, the coach and student can do some timed run-throughs with both oral and written comments. Focus on the big picture in early practices. Work on analysis of blocking, engagement with the audience, and energy. Consider carefully how students are using their voice, including pause, pitch, tone, volume, diction, and inflection. Eventually the student will be ready for line-by-line practices. Line-by-line is characterized by intensive rehearsal on each section of the story, at times on every line, until the best possible interpretation is achieved at that moment. Make sure the performance is within the time limits.

The student is now ready to do some performances in front of other students, coaches, or even an audience. Attend tournaments and review ballots. At this stage, feedback is incredibly important. Take note of all comments, as having a fresh perspective on an interpretation is vitally important. Students must be willing to take that feedback and make modifications.

Even the most naturally talented of performers need practice! Respect the time and resources of your coach and school. Be sure to give it your best effort every day and you will be successful no matter the tournament outcome.



Performance Tips

It may sound cliché, but confidence is key! If you've put the legwork in, you should feel confident in the product you've created. Walk into that round with your head held high, ready to show the world what you've got! Trust what you and your coach created. Do what you practiced, and if you feel compelled to "try something new," review it with your coach beforehand. Consistency is key. It's hard to evaluate what to change in practice if your performance in the round is completely different than what you've been working on.

Pay attention to other performers. Smile! Be a warm, inviting audience member. There is nothing worse than getting up to perform and having an audience that either stone faces you or won't look you in the eye. Think of it this way: if your round is 45 minutes long, you are only speaking for 5 of those minutes. The remaining minutes are for you to listen, learn, and support your competitors.

Middle School Competition Events – At A Glance

Storytelling



Keep a notebook for between rounds. Sometimes, another person's performance will inspire you, and it's a good idea to have a notebook handy to write down new ideas. It's also nice to know who you competed against in each round. This way, you have a better understanding of who your competition is. When you review your ballots after the tournament, you can go back through your notebook and compare your ballots to your notes.

Between rounds, figure out what room you will be performing in next. Congratulate your competitors on a good performance after the round ends, and make friends during downtime. Be gracious, and keep criticisms of other performers to yourself, even if someone else tries to start a negative conversation.



Resources

We have many great resources for Storytelling, including a webinar specific to helping students in middle school select pieces, get ready for the tournament, and tips for competition. A great general source for interpretation strategies is *Interpretation of Literature—Bringing Words to Life* by Travis Kiger and Ganer Newman. They cover cutting, characterization, blocking, and the structure of a story. Watch final round videos of Storytelling from past Middle School Nationals. Observe the rounds not only as entertainment, but keep your eyes peeled for effective blocking, cutting, and performance techniques. Ask yourself, how can I apply similar techniques to my performance? The best way to learn Storytelling, outside of actively doing it, is by watching and learning from other performers.

The textbook, final rounds, and more can be found on www.speechanddebate.org.

An Introduction to Extemporaneous Debate



Event Description

Extemporaneous Debate is a supplemental event at the National Speech & Debate Tournament. Students compete in a one-on-one format with limited prep time to prepare for the topic they are to debate. Students present arguments and engage in rebuttals, however, unlike other common debate events, students debate a number of topics, as opposed to a single topic for the entire tournament. Each round students are presented a unique resolution. They are given a minimum of thirty minutes to prepare for the round. The use of evidence is permitted, but not a focal point due to the limited time available to prepare a case for the round.

Considerations for Extemporaneous Debate

Students who are interested in doing Extemporaneous Debate should be well versed in various topics since the resolutions for the debate change round to round. Students should be able to think quickly on their feet and work under time restrictions. Any student who does debate or extemp is naturally drawn to Extemporaneous Debate. However, the event is not something that other public speakers or interpers should shy away from. Students who are knowledgeable, thoughtful, and able to process ideas quickly to formulate positions would find the event to be challenging and rewarding.


Traits of Successful Extemp Debaters

When considering what event to choose, or which direction to point a student selecting an event, here are some traits of successful Extemp Debate students to keep in mind:

- Analytical
- Broad knowledge base
- Confident
- Persuasive speaker
- Quick thinker
- Independent
- Logical thinker

Examples of Past Extemp Debate Topics

- Resolved that the Affordable Care Act should be repealed.
- Resolved that marijuana use should be decriminalized.
- Resolved that the US should execute its planned troop withdrawal from Afghanistan.
- Resolved that Congress should have the right to limit freedom of expression by corporations, associations, and unions.
- Resolved that the implementation of the Common Core will improve public education in the US.
- Resolved that the deal to free Bowe Bergdahl was unjustified.
- Resolved that Congress should include a "pathway to citizenship" as part of immigration reform.
- Resolved that American businesses should have the right to deny workers the right to unionize.
- Resolved that the US federal government should increase regulations on GMOs.
- Resolved that the US federal government should stop providing loans for college tuition.

Learn More! The National Speech & Debate Association is the leading provider of competitive & educational resources to aid students and coaches as they explore our competitive events. The Association provides webinars and final round recordings specific to Extemporaneous Debate. 

Find Your Voice

Extemp debate imparted onto me, the importance of having to be well read, and open minded about a wide variety of topics. The event also helped me work on my word economy and efficiency when discussing important points in every day conversation. Finally, the compressed format, and scope of the topics also gave me an opportunity to engage in really enjoyable debate on topics that I would never have been able to without it."

— James Stage, Association Alum

Middle School Competition Events – At A Glance

Extemporaneous Debate



Basic Understandings

Extemporaneous Debate is a one-on-one format that is unique from other events offered by the National Speech & Debate Association. During this limited prep debate event, students are only guaranteed thirty minutes to prepare for their round once the topic is released. There are instances when debaters may get more than thirty minutes, but never less. Debaters are either in favor of the resolution or against the resolution and will be assigned to a particular side by a computer. The debater affirming the topic is known as the proposition debater, where the debater negating the topic is known as the opposition debater. Debaters present their positions on the topic and engage in cross-examination and rebuttals.

Research

Since students have limited time to prepare for a topic, it is important that they are efficient with any research they wish to conduct prior to the round beginning. Students should keep copies of any of the research they use in rounds and be sure to have proper citations with the evidence used. While debaters may look at journals or peer reviewed studies, a limited prep event would make that type of research more difficult. Newspaper articles, think tanks, or credible websites may be the most efficient means of conducting your research. Since time is limited it would make sense that the focus would be less on research and more on brainstorming and generating ideas. Students may consider filing some research in advance, similar to an extemper, so that they would already have reputable research on hand for various topics that could be addressed. Students are expected to act in accordance with the Association's LD, PF, and Policy rules on evidence in debate if they elect to use authoritative sources in the round.

Structural Components

All speeches are two minutes in length and all speech times are protected (a speaker may not be interrupted by the other speaker or by the judge). The proposition debater must affirm the resolution by presenting and defending a sufficient case for the resolution. The opposition debater must oppose the resolution and/

or the proposition debater's case. The round will have constructives, rebuttals, cross examination, and built in prep time.

Speech	Time Limit	Responsibility of Debater
Proposition Constructive	2 min	The debater in favor of the resolution presents his or her case/position in support of the topic.
Cross Examination of Proposition	1 min	The opposition debater asks the proposition questions.
Opposition Constructive	2 min	The debater against the resolution or the proposition's case presents his or her case/position.
Cross Examination of Opposition	1 min	The proposition debater asks the opposition questions.
Mandatory Prep Time	1 min	Both debaters have one minute to prepare their rebuttals.
Proposition Rebuttal	2 min	The proposition debater refutes the main idea of the opposition and supports their main ideas.
Opposition Rebuttal	2 min	The opposition debater refutes the main idea of the proposition and supports their main ideas.
Mandatory Prep Time	1 min	Both debaters have one minute to prepare their rebuttals.
Proposition Rebuttal	2 min	In this final speech the proposition crystallizes the round for the judge and tries to establish sufficient reason for a vote in favor of the resolution.
Opposition Rebuttal	2 min	In this final speech the opposition crystallizes the round for the judge and tries to establish sufficient reason for a vote against the proposition's case and/or the resolution.

Middle School Competition Events – At A Glance

Extemporaneous Debate



Organizing

Argumentation

First, a debater must clearly establish their claim. This is generally a declarative statement that establishes the point they are setting out to justify. Next, a debater must clearly establish why their argument is valid. This is known as the warrant for an argument. Debaters need to go beyond asserting their claims by backing them up with analysis explaining why the argument is true. The warrant can come in many forms, but is necessary for the development of the argument. It is important to note that having an author simply make an assertion about a topic is not a warrant. Finally, a debater must provide an impact for their argument. This means the debater establishes why the argument is significant in the round.

Casing

After students brainstorm arguments, it is time to construct cases. Many students in extemporaneous debate will outline a position, as opposed to writing out a case verbatim. Since the case being read is only two minutes it is important for the debater to efficiently develop their ideas. A thesis statement may be appropriate at the start of a case with well structured and signposted arguments that directly link back to said thesis. Similar to contentions in other debate events or main points in extemp, each main point in the case should be clearly indicated and organized.

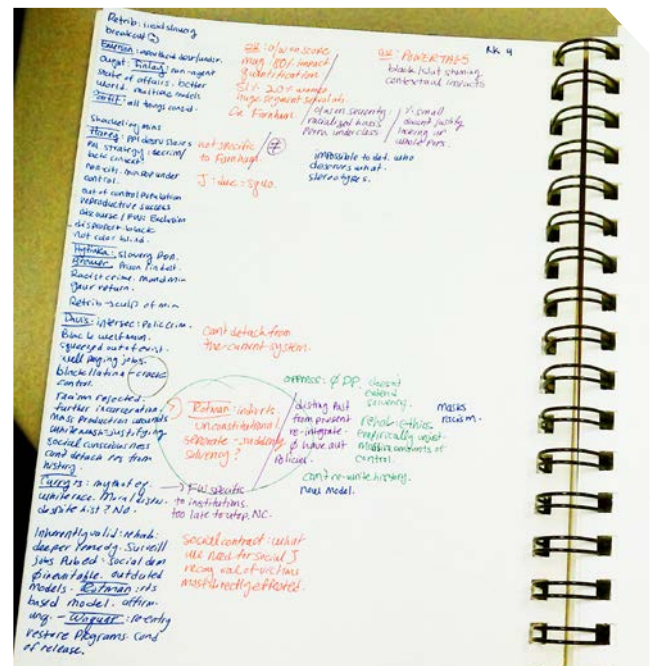
Refutations

Extemporaneous debate is more than just cases! Debaters engage in refuting each other's arguments. Students may

refute cases by denying the validity of the argument, which is most common. Additional strategies include, but are not limited to, asserting the reverse of the argument, showing the opponent's arguments do not carry as much weight as their arguments, or taking out the link between the opponent's argument and the thesis they presented.

Flowing

It is important for debaters to learn how to keep track of arguments in the round. Typically debaters “flow” the debate round - making note of the arguments that are presented and refuted in the round. This note-taking approach requires students to abbreviate terms, phrases, and ideas so that they can get as much of the debate written down as possible. Here are some tips:



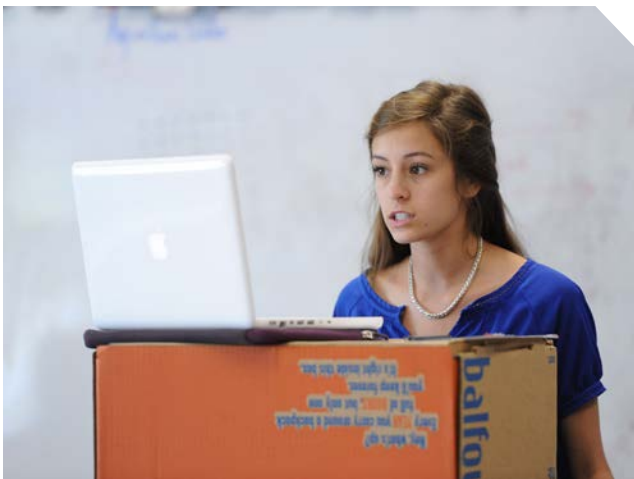
- Two sheets of paper. One page will be for anything said about the proposition, the other for anything said about the opposition. Each speech in the round will receive its own column on these pages.
- At least one pen, but we recommend two, in different colors, one for each side.

Middle School Competition Events – At A Glance

Extemporaneous Debate



- If your opponent is speaking, you should be writing (initially, do not try and determine what is or isn't important - just get as much down as possible)
- Label the top of each column on the proposition flow with the names of the speeches, in chronological order from left to right.
- Label the top of each column on the opposition flow with the names of the speeches, in chronological order from left to right.



Standing it Up/Practicing

It is a great idea to do practice rounds before going to your first tournament. As these are such short speeches, it might appear at first that there will not be enough time to develop arguments. You will discover that you can be very efficient and focused with your language to make every second count. This is a skill that must be practiced to be fully developed. The first round could be a stop and go round where a coach or observer stops you when there's a missed opportunity for a strong argument or confusion about what you are saying. During these rounds, you may re-give speeches until you or the observer/coach are satisfied with the speech that is delivered. This is a great time to work on language choices and time management. Additionally, since the tournament only guarantees thirty minutes of prep time, students should practice under those conditions. A student should work on vocal emphasis, eye contact, and fluidity.



Performance Tips

It is important to remember that you are communicating to your judge. The decision rests solely in the hands of the judge! You must focus on persuading them, which means that you should be directing your speeches and cross-examination questions and answers to the judge, and not to your opponent.

Take feedback from judges as opportunities to improve. If judges provide oral feedback, take notes on what they share to review with your coach. Finally, do not fixate on the outcome of a round - focusing on wins and losses won't lead to greater success!

Resources

Many resources can be found on your dashboard at www.speechanddebate.org. For Extemporaneous Debate we have webinars and final round performances. As a debate event many of the resources for LD, PF, Policy, or Congress would also apply. Textbooks for the various events go through argumentation practices that would be effective in Extemporaneous Debate. The topic analysis that is provided on current events or debate topics would be worthwhile as well for Extemporaneous Debate. Take advantage of the myriad of resources available through the Association.

Competition Events – At A Glance

An Introduction to Lincoln-Douglas Debate (LD)



Event Description

In this one-on-one format, students debate a topic provided by the Association. Lincoln-Douglas Debate topics range from individual freedom versus the collective good to economic development versus environmental protection. Students may consult evidence gathered prior to the debate but may not use the Internet in round. An entire debate is roughly 45 minutes and consists of constructive speeches, rebuttals, and cross-examination.

Considerations for Lincoln-Douglas Debate

Lincoln-Douglas Debate typically appeals to individuals who like to debate, but prefer a one-on-one format as opposed to a team or group setting. Additionally, individuals who enjoy LD like exploring questions of how society ought to be. Many people refer to LD Debate as a “values” debate, as questions of morality and justice are commonly examined. Students prepare cases and then engage in an exchange of cross-examinations and rebuttals in an attempt to convince a judge that s/he is the better debater in the round.

Traits of Successful LD Debaters

When considering what event you should choose, or in which direction to point a student when selecting an event, below are some general traits of successful LD debaters to keep in mind:

- Independent
- Thinks logically
- Analytical
- Intrigued by philosophy
- Determined
- Thoughtful

List of Past LD Topics

- Resolved: The United States ought to prioritize the pursuit of national security objectives above the digital privacy of its citizens.
- Resolved: Placing political conditions on humanitarian aid to foreign countries is unjust.
- Resolved: Developing countries should prioritize environmental protection over resource extraction when the two are in conflict.
- Resolved: Targeted killing is a morally permissible foreign policy tool.
- Resolved: Individuals have a moral obligation to assist people in need.
- Resolved: The United States is justified in using private military firms abroad to pursue its military objectives.
- Resolved: In the United States, juveniles charged with violent felonies ought to be treated as adults in the criminal justice system.
- Resolved: The abuse of illegal drugs ought to be treated as a matter of public health, not of criminal justice.

Note: For novices, the Association designates the following topic for districts to use during the first two months of a novice season:
Resolved: Civil disobedience in a democracy is morally justified.

Learn More! The National Speech & Debate Association is the leading provider of competitive and educational resources to aid students and coaches as they explore our competitive events. For Lincoln-Douglas Debate, we provide a number of helpful resources—including live and recorded webinars designed to introduce foundational and advanced concepts in LD; access to LD final round videos; an LD textbook; specific guidance on the annual novice topic; topic analysis; research assistance; and much more! Take advantage of the amazing benefits of being a member by using our resources to help you advance yourself in competitive speech and debate activities. For more information, visit www.speechanddebate.org.

Find Your Voice

LD allowed me to question basic assumptions and reevaluate aspects of the world. Despite debating individually, the community is so welcoming; I made friends across the country.”

— Jordan Friedman, Association Alum

Middle School Competition Events – At A Glance

Lincoln-Douglas Debate (LD)



Basic Understandings

Lincoln Douglas Debate (LD) is a one-on-one event where debaters argue against one another on a specified resolution. Therefore, it is imperative when students begin LD, they know the resolution being debated. If you visit www.speechanddebate.org/currenttopics, you will see the topics assigned by month. Additionally, the Association specifies a separate topic for the first two months of a novice season. It is important to note that not all tournaments use the topic suggested for their competition. Therefore, be sure to check the invitation for complete information.

Once a debater knows the resolution, the student should begin brainstorming arguments on the topic. An argument's basic structure is referred to as claim, warrant, and impact (more details below). The debater should also construct their cases (more details below). Finally, they should consider their opponent's arguments and brainstorm responses. At the end of the round, a debater should also offer summary reasons as to why they should win, which are commonly referred to as "voting issues."



Research

After students do an initial brainstorm session, conduct research. Look in reputable journals for articles written by experts in the field and texts written by philosophers. Additional sources include, but are not limited to, newspaper articles, think tanks, and credible websites. Check with your school's Media Center/Library Services Department for research tips and information on what you have access to through your school.

Structural Components

The structure of the round, and corresponding speaker responsibilities, can be found below:

Speech	Time Limit	Responsibility of Debater
Affirmative Constructive	6 min	Present the affirmative case
Negative Cross-Examination	3 min	Negative asks questions of the affirmative
Negative Constructive/ Negative Rebuttal	7 min	Present the negative case and refute the affirmative case
Affirmative Cross-Examination	3 min	Affirmative asks questions of the negative
First Affirmative Rebuttal	4 min	Refute the negative case and rebuild the affirmative case
2nd Negative Rebuttal	6 min	Refute the affirmative case, rebuild the negative case, and offer reasons that negative should win the round, commonly referred to as voting issues.
2nd Affirmative Rebuttal	3 min	Address negative voting issues and offer crystallization for why the affirmative should win.

**Each debater is also entitled to four minutes of prep time during the round.*

Organizing

Argumentation

First, a debater must clearly establish their claim. This is generally a declarative statement that establishes the point they are setting out to justify. Next, a debater must clearly establish why their argument is valid. This is known as the warrant for an argument. Debaters need to go beyond asserting their claims by backing them up with analysis explaining why the argument is true. The warrant can come in many forms, but is necessary for the

Middle School Competition Events – At A Glance

Lincoln-Douglas Debate (LD)



development of the argument. It is important to note that having an author simply make an assertion about a topic is not a warrant. Finally, a debater must provide an impact for their argument. This means the debater establishes why the argument is significant in the round.

Casing

After students brainstorm arguments, it is time to construct cases. While there is no rule requiring a specific structure, there is a traditional approach to constructing a case. Most commonly, LD debaters use a value and criterion model to structure their case. Under this model, the students propose a specific value that they feel is the ultimate goal debaters should be striving for in the round. Subsequently, they offer a criterion which offers a specific mechanism to determine if the value is being achieved by either debater in the round. A common example is offering a value of Justice with a criterion of Rights Protection. A debater should offer definitions of these terms, as well as explain how the value best fits the resolution and how the criterion best measures if the value is achieved. After they establish their value and criterion, they would offer contentions. These are the main arguments of the affirmative or negative and would strive to assert that the value/criterion is being achieved. When developing arguments the arguments should link back to the value/criterion.

Refutations

Lincoln Douglas debate is more than just cases! Debaters engage in refuting each other's arguments. Students may refute cases by denying the validity of the argument, which is most common. Additional strategies include, but are not limited to, asserting the reverse of the argument, showing the opponent's arguments do not carry as much weight as their arguments, or taking out the link between the opponent's argument and the value/criterion being used in the round. Students can pre-write their answers to arguments they expect their opponents to make. These are commonly known as "blocks."



Flowing

It is important for debaters to learn how to keep track of arguments in the round. Typically debaters “flow” the debate round—making note of the arguments that are presented and refuted in the round. This note-taking approach requires students to abbreviate terms, phrases, and ideas so that they can get as much of the debate written down as possible. Here are some tips:

- Two sheets of paper. One page will be for anything said about the affirmative, the other for anything said about the negative. Each speech in the round will receive its own column on these pages.
- At least one pen, but we recommend two, in different colors.
- If your opponent is speaking, you should be writing (do not try and determine what is or isn't important—just get as much down as possible)
- Orient both pieces of paper vertically, as in a book. Fold (or draw lines) on the sheet of paper into 5 columns of equal width. This can be achieved by folding an initial 1.5" column from either side. Flip the paper and fold in another column to match; continue

Middle School Competition Events – At A Glance

Lincoln-Douglas Debate (LD)



until the piece of paper has 4 folds to produce 5 columns. This is your affirmative flow.

- Fold the other sheet of paper into 4 columns of equal width. This is your negative flow.
- Label the top of each column on the affirmative flow with the names of the speeches, in chronological order from left to right.
- Label the top of each column on the negative flow with the names of the speeches, in chronological order from left to right.



Standing it Up/Practicing

It is a great idea to do practice rounds before going to your first tournament. At first, it may seem that you do not have enough to say to fill up the speech times. However, that will change with practice. The first round could be a stop and go round where a coach or observer stops you when there's a missed opportunity or confusion about what you are saying. During these rounds, you may re-give speeches until you or the observer/coach are satisfied with the speech that is delivered. Additionally, since your cases are prepared in advance, students should spend time working on the delivery of that speech. A student should work on emphasis, eye contact, and fluidity.

Performance Tips

It is important to remember that you are communicating to your judge. The decision rests solely in the hands of the judge! You must focus on persuading them, which means that you should be directing your speeches and cross-examination questions and answers to the judge, and not to your opponent.

When at your first tournament it is important to keep in mind that it gets easier with more practice. The goal is not about where you begin, but where you end. If you get better from round to round or tournament to tournament—you're successful. Focus not only on what you could improve upon, but also on what you did well. Celebrate what worked and try and emulate that in future rounds or tournaments. Take feedback from judges as opportunities to improve. If judges provide oral feedback, take notes on what they share to review with your coach. Finally, do not fixate on the outcome of a round—focusing on wins and losses won't lead to greater success!

Resources

The Association offers great resources to our members. These include lesson plans for introducing Lincoln Douglas debate to novices, recorded videos on casing, flowing, and drills, written topic analysis, research guides, a textbook, and more! Once you have joined the Association and registered on our website, you can access these through your "dashboard." From there you can click on "debate resources" and then select "Lincoln Douglas."

Competition Events – At A Glance

An Introduction to Policy Debate (PD)



Event Description

A two-on-two debate that focuses on a policy question for the duration of the academic year, this format tests a student's research, analytical, and delivery skills. Policy Debate involves the proposal of a plan by the affirmative team to enact a policy, while the negative team offers reasons to reject that proposal. Throughout the debate, students have the opportunity to cross-examine one another. A judge or panel of judges determines the winner based on the arguments presented.

Considerations for Policy Debate

Students who do Policy Debate must be able to work well with a partner. Balanced teams, both in terms of preparation before debates and contributions within a debate, helps provide a competitive advantage during tournaments. Policy debaters are interested in examining specific policies in an intricate and detailed manner. Depth of research is a common trait of successful Policy debaters. Policy Debate is commonly viewed as the most technical debate event within the Association.

Traits of Successful Policy Debaters

When considering what event you should choose, or in which direction to point a student when selecting an event, below are some general traits of successful Policy debaters to keep in mind:

- Critical of what s/he is told
- Team player
- Scans as s/he reads
- Determined to find the best research
- Longer attention span
- Single minded

List of Past Policy Topics

- Resolved: The United States federal government should substantially increase its non-military exploration and/or development of the Earth's oceans.
- Resolved: The United States federal government should substantially increase its economic engagement toward Cuba, Mexico or Venezuela.
- Resolved: The United States federal government should substantially increase its transportation infrastructure investment in the United States.
- Resolved: The United States federal government should substantially increase its exploration and/or development of space beyond the Earth's mesosphere.
- Resolved: The United States federal government should substantially reduce its military and/or police presence in one or more of the following: South Korea, Japan, Afghanistan, Kuwait, Iraq, Turkey.
- Resolved: The United States federal government should substantially increase social services for persons living in poverty in the United States.

Learn More! The National Speech & Debate Association is the leading provider of competitive and educational resources to aid students and coaches as they explore our competitive events. For Policy Debate, we provide a number of helpful resources—including live and recorded webinars designed to introduce foundational and advanced concepts in Policy; access to Policy final round videos; a Policy textbook; a starter file for beginning debaters; research assistance; and much more! Take advantage of the amazing benefits of being a member by using our resources to help you advance yourself in competitive speech and debate activities. For more information, visit www.speechanddebate.org.

Find Your Voice

Policy Debate provided me immeasurable critical thinking skills and confidence in not only my ability to speak but also my ability to think. But what I loved most about Policy Debate is that the nature of the activity is one that rewards hard work—nobody is born a good debater. Instead Policy Debate is pure effort and perseverance and I love that.”

— Nathaniel Sawyer, Association Alum

Middle School Competition Events – At A Glance

Policy Debate (PD)



Basic Understandings

Policy debate is a two-on-two debate where an affirmative team proposes a plan and the negative team argues why that plan should not be adopted. The topic for policy debate changes annually, so debaters throughout the course of the year will debate the same topic.

The debate unfolds throughout a series of speeches as outlined below:

1st Affirmative Constructive	1AC	8 minutes
Negative Cross-Examination of Affirmative		3 minutes
1st Negative Constructive	1NC	8 minutes
Affirmative Cross-Examination of Negative		3 minutes
2nd Affirmative Constructive	2AC	8 minutes
Negative Cross-Examination of Affirmative		3 minutes
2nd Negative Constructive	2NC	8 minutes
Affirmative Cross-Examination of Negative		3 minutes
1st Negative Rebuttal	1NR	5 minutes
1st Affirmative Rebuttal	1AR	5 minutes
2nd Negative Rebuttal	2NR	5 minutes
2nd Affirmative Rebuttal	2AR	5 minutes
Prep Time (each team)		8 minutes

One member of each team will perform the ‘first’ speeches, the other the ‘second’ speeches. So the person who reads the 1AC will also perform the 1AR, for example. Note that the debate begins with the affirmative speaking first, and then switches midway through the debate where the negative speaks first, thus giving the affirmative the ability to speak last.



Research

Policy debate is a very research-intensive activity. Unlike traditional writing where the author may briefly quote or even paraphrase evidence, Policy Debate relies on the use of cards, or pieces of evidence directly quoted word-for-word from the source.

A typical piece of evidence consists of three parts: the tagline, the citation, and the evidence. The tagline is the argument or claim that either the evidence asserts or that the debater is asserting based on the evidence. For example, if the Department of Labor had produced a report saying that more people have left the workforce, the tagline might be ‘The number of discouraged workers are on the rise’ or ‘The federal government must respond to the growing number of people leaving the workforce.’ The citation provides the information necessary to track down the source, similar to an MLA/APA citation. The author, the title, the publication the source, the page, etc. This information will not be read aloud in the round except for the author and the year (or more specific date if necessary). Finally, a piece of evidence consists of the text of the evidence itself. The expectation in Policy Debate is that cards are read verbatim, so the paraphrasing of evidence as it is being read for the first time is discouraged. Instead, the debater should underline or bold the parts of the text of the evidence they deem most necessary. Please see the resources provided by the Association (listed at the end of this guide) for examples of evidence and cut cards.

So where do all these cards come from? The Association offers a starter pack of affirmative and negative evidence, as well as biweekly updates of evidence research for resource package members. There are other resources available, one of which is the National Debate Coaches Open Evidence Project. As debaters become more advanced, they are better served, though, if they use evidence they have compiled from original research. Scholarly databases, news outlets, books, journal articles, and other reputable sources are great avenues for finding the best evidence. As research is gathered, be sure to organize your findings based on argument and when you may use that evidence in a round.

Middle School Competition Events – At A Glance

Policy Debate (PD)



Structural Components

Affirmative

The affirmative begins the debate by offering a plan, a specific example of the year's topic or resolution, and arguing that it is a good idea. In many circumstances, they will address the “stock issues” of a case in Policy Debate; in other instances, they may use a more advanced format of simply discussing advantages to the plan. The ultimate goal of the affirmative is to advocate for the passage of a plan that falls under the resolution. The presumption is that the status quo, or the way things are in the world without the passage of the plan, is worth rejecting in favor of living in a world with the plan adopted. Thankfully for the affirmative, they do not have to demonstrate that the plan would pass in the real world, only that it should. Policy proposals that may never survive the political climate of Congress are still fair game under the presumption of fiat—or the ability of the affirmative to will their plan into existence without having to worry about whether or not it would actually be adopted. To convince audiences to adopt their plan, affirmative cases directly or indirectly address the stock issues of significance, harms, inherency, topicality, and solvency. The Policy 101 debate textbook covers these issues in greater detail.

Negative

The negative has a wide variety of strategies available to respond to the affirmative case. The presumption in policy debate is that if the negative can win one of the aforementioned stock issues, they win the debate.

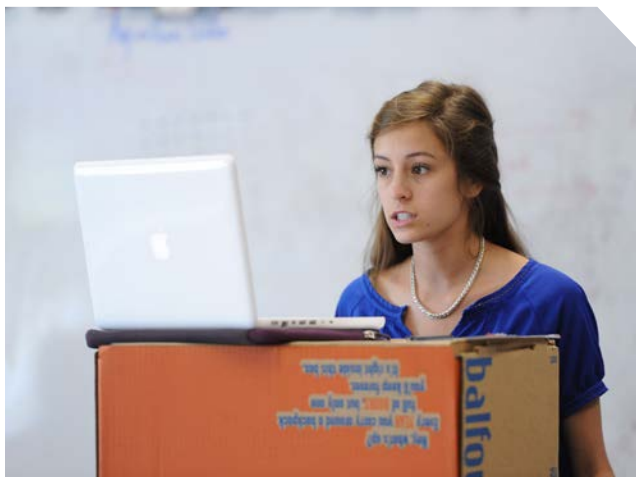
Alternatively, the negative can demonstrate that the harms of the plan outweigh the benefits. These strategies are divided into two broad types: on-case and off-case.

On-case responses to the affirmative position clash directly with arguments posed by the plan's advocates and generally focus on the stock issues. If the affirmative says the plan will save 500,000 lives, the negative may attempt to demonstrate why that claim is untrue. If the affirmative says we are wasting billions of dollars in the status quo on inefficient research, the negative may demonstrate why that research is necessary. We will discuss the structure of those arguments in a moment.

Off-case responses are positions developed that do not directly respond to the arguments posed by the affirmative. This can consist of a variety of positions. First, the negative may offer a disadvantage, or a harm or problem that will be caused when the plan is passed. Disadvantages must generally prove that a harm is brewing in the status quo, something about the passage of this plan will bring that harm into reality or intensify it, and then discuss the impacts of those harms. Second, the negative may propose a counter-plan, or a competitive, non-topical, mutually exclusive plan proposal compared to the affirmative. Third, the negative may directly address the topicality of the affirmative position, arguing that the affirmative's plan is not an example of the resolution, by providing definitions for the words of the resolution, showing how the affirmative fails to meet those definitions, and then discussing why the affirmative case ought to lose for violating this debate rule.

Organizing

Keeping track of the arguments during the debate can be challenging, but most debaters flow arguments separately. The different components of the affirmative case (significance, harms, inherency, etc.) can be flowed on one sheet of paper or each position may be tracked separately. The negative will typically keep track of arguments on separate pieces of paper (the first disadvantage on one, the topicality on a second, a counterplan on the third, etc.). Arguments are listed shorthand on one side of the page. Each response is flowed in a different color ink



Middle School Competition Events – At A Glance

Policy Debate (PD)



next to it representing the two sides of the debate—affirmative arguments may be listed in black while negative arguments are listed in red, for example. More details on how to flow and different flowing techniques can be found in the resource section below.

Standing it Up/Practicing

Policy debate can be a fast-talking event! With strict time limits and the need to present arguments supported by well-articulated research, students will speak as efficiently as possible. Your first foray into performance practice should be reading your case and your positions out loud with a stop-watch. See how long it takes for you to read your case (and make sure your affirmative constructive is in time!). Focus on enunciation and pronunciation as you go. Remember, fewer and better-explained arguments will often win more debates. Ultimately, your judgesset the pace for the round and so you should be prepared to speak at the speed they prefer.

It is always helpful to have practice debates before your first contest, against either teammates or even teams from other schools. These debates should be instructional in nature—the goal isn't to 'win.'

Performance Tips

The first tournament can be an intimidating experience, but don't worry! Every round is an opportunity to learn! Approach your first rounds with confidence and act like you've done this before, even if you haven't. Prior to the debate, you may ask your judge if they have any preferences or paradigms, which will clue you into what kinds of arguments they may prefer and which kinds they may not. When your first round is over, keep your flows and listen to the advice the judge has to offer, either during the oral critique or written down on the ballot. Consult with your coach after the round to see how best to implement feedback. Keep these notes for future tournaments—it is not unusual to have the same judge several times during a year!

Between rounds, it is not unusual for debaters to gather more evidence and look at the organization of their files. Was there an argument you had trouble explaining or

answering? Now's a great time to talk to your coach or teammates on how to prepare a "block" to use in future debates. Is there a card you wish you had in the round? Now's a good time to find it! Do you seem to have trouble finding the material you have gathered when you need it? Take a look at the organization of your files. Following the tournament, you can use your old flows to discuss strategy—what arguments seemed to work? What could you have improved on?

Some tournaments feature elimination rounds following the guaranteed preliminary rounds. If you advance and get to debate again, congratulations! It's just like any other round, except typically you will have a panel of judges as opposed to just one. If you don't, use this as an opportunity to observe other rounds to learn more about how to debate effectively.



Resources

The resource page provided by the National Speech and Debate Association provides a variety of resources to help you in debate!

The Debate 101 textbook will further your understanding of the fundamentals of the event and provide tips and tricks for developing arguments.

The Introduction to Policy Debate section includes several helpful videos including how to decide a policy debate, tips for flowing, further understanding stock issues, and other topics. You can also find videos of previous final rounds to see Policy Debate in action!

Our general resources for Resource Package subscribers include evidence updates, starter packets, and other research resources to help get your files started.

Competition Events – At A Glance

An Introduction to Public Forum Debate (PF)



Event Description

Public Forum Debate involves opposing teams of two, debating a topic concerning a current event. Proceeding a coin toss, the winners choose which side to debate (PRO or CON) or which speaker position they prefer (1st or 2nd), and the other team receives the remaining option. Students present cases, engage in rebuttal and refutation, and also participate in a “crossfire” (similar to a cross-examination) with the opportunity to question the opposing team. Often, community members are recruited to judge this event.

Considerations for Public Forum Debate

As a team event, students who compete in Public Forum need to be able to work well with a partner. Balanced teams, both in terms of preparation before debates and contributions within a debate, helps provide a competitive advantage during tournaments. PF is the newest form of debate in the Association and looks at current event topics. Students who do Public Forum must be prepared to debate in front of judges without any formal debate training. Being able to persuade a range of judges is a central component to this event. Additionally, PF is focused upon debating varying resolutions that change frequently, which exposes students to a variety of topics during a singular competitive season.

Traits of Successful PF Debaters

When considering what event you should choose, or in which direction to point a student when selecting an event, below are some general traits of successful PF debaters to keep in mind:

- Thinks logically
- Organized in both presentation and thought
- Simplifies concepts
- Engaging personality that is persuasive to a variety of people
- Big-picture thinker
- Professional

List of Past PF Topics

- Resolved: NATO should strengthen its relationship with Ukraine in order to deter further Russian aggression.
- Resolved: Single-gender classrooms would improve the quality of education in American public schools.
- Resolved: Immigration reform should include a path to citizenship for undocumented immigrants currently living in the United States.
- Resolved: The benefits of domestic surveillance by the NSA outweigh the harms.
- Resolved: The continuation of current U.S. anti-drug policies in Latin America will do more harm than good.
- Resolved: On balance, the rise of China is beneficial to the interests of the United States.
- Resolved: Congress should renew the Federal Assault Weapons Ban.
- Resolved: The benefits of post-9/11 security measures outweigh the harms to personal freedom.

Learn More! The National Speech & Debate Association is the leading provider of competitive and educational resources to aid students and coaches as they explore our competitive events. For Public Forum Debate, we provide a number of helpful resources—including live and recorded webinars designed to introduce foundational and advanced concepts in PF; access to PF final round videos; a PF textbook; a starter file for beginning debaters; research assistance; and much more! Take advantage of the amazing benefits of being a member by using our resources to help you advance yourself in competitive speech & debate activities. For more information, visit www.speechanddebate.org.

Find Your Voice

Public Forum played a large role in who I am today. It taught me to be persuasive. At its core, the event's structure and audience forced me to shape and mold my thoughts into concise, simple, yet elegant arguments."

— Danny Rego, Association Alum

Middle School Competition Events – At A Glance

Public Forum Debate (PF)



Basic Understandings

Public Forum Debate (PF) is a two-on-two event where teams argue against each other on a specified resolution. Therefore, it is imperative that when students begin PF, they know the resolution being debated. If you visit www.speechanddebate.org/currenttopics, you will see the topics, which are assigned by month of competition. . It is important to note that not all tournaments use the topic suggested due to the timing of their tournament. Therefore, be sure to check the tournament invitation for complete information.

Once a debater knows the resolution, s/he should begin brainstorming potential arguments on the topic. An argument's basic structure is referred to as claim, warrant, and impact (more details below). A debater will also construct their positions, referred to as cases (more details below). Finally, s/he should think through potential arguments by their opponent and brainstorm responses. As the round progresses, a team should also offer reasons why they should win the round to the judge.



Research

After students do an initial brainstorm session, they should conduct research. Evidence can come from anywhere—newspapers, journal articles, studies, books, primary documents, etc. When gathering research, a student should ask four questions:

1. Is the source reputable? Sources should have a good reputation for 'getting it right'—newswires such as the AP and Reuters tend to be less credible than newspapers.
2. Is the source verifiable? This refers to the ability to verify the data and claims made by the source. If a source is based on a personal interview or some other insider knowledge, that generally cannot be verified through independent means.
3. Is the source authoritative? Different sources are expert at different fields. The Office of Budget and Management is an authority on budget policy on the US, but may not be the ideal source for a resolution about foreign policy in the Middle East.
4. Is the source recent? While not every source must be up-to-the-minute, generally, a more recent source is better.

Structural Components

One team advocates for the resolution, known as the PRO, and one team advocates against the resolution, known as the CON. Before the debate begins, the teams conduct a coin flip. The winner of the flip chooses either the side of the debate OR the speaking order. The team losing the flip makes the other choice. For example, Jonesville High

Middle School Competition Events – At A Glance

Public Forum Debate (PF)



School wins the coin flip and chooses CON. Smithtown High School, who lost the flip, chooses the speaking order. If they choose 2nd, Jonesville would speak 1st on CON and Smithville will speak 2nd on PRO. Note that unlike other forms of debate, the CON may speak first. The structure of the round, and corresponding speaker responsibilities, follow:

Speech	Time Limit	Responsibility of Debater
Team A Speaker 1 - Constructive	4 min	Present the team's case
Team B Speaker 1 - Constructive	4 min	Present the team's case
Crossfire	3 min	Speaker 1 from Team A & B alternate asking and answering questions
Team A Speaker 2 - Rebuttal	4 min	Refute the opposing side's arguments
Team B Speaker 2 - Rebuttal	4 min	Refute the opposing side's arguments
Crossfire	3 min	Speaker 2 from Team A & B alternate asking and answering questions
Team A Speaker 1 - Summary	2 min	Begin crystallizing the main issues in the round
Team B Speaker 1 - Summary	2 min	Begin crystallizing the main issues in the round
Grand Crossfire	3 min	All four debaters involved in a crossfire at once
Team A Speaker 2 - Final Focus	2 min	Explain reasons that you win the round
Team B Speaker 2 - Final Focus	2 min	Explain reasons that you win the round

**Each team is entitled to two minutes of prep time during the round.*

Organizing

Argumentation

First, a debater must clearly establish a claim. This is generally a declarative statement establishing the point they are setting out to justify. Second, a debater must clearly establish why their argument is. This is known as the warrant for an argument. Debaters need to go beyond asserting their claims and back them up with analysis explaining why the argument is valid. The warrant can come in many forms, but is necessary for the development of the argument. Debaters may use logic or research to back up their claims. It is important to note that having an author make an assertion about a topic is not on its own a warrant. Third, a debater must provide an impact for their argument. This means the debater establishes why the argument is significant in the round.



Casing

After students have brainstormed arguments, it is time to construct cases. While there is no rule requiring a specific structure, there is a traditional approach to constructing a case. Often, a case starts with a well thought out thesis statement as an introductory lead-in to the position. Next, the case would define key terms. Following this introduction the debater would offer contentions, or main arguments.

Refutations

But, PF is more than just cases! After presenting cases, students engage in refuting each other's arguments. Students commonly refute cases by denying the validity

Middle School Competition Events – At A Glance

Public Forum Debate (PF)



of the argument. Additional strategies include, but are not limited to, justifying the reverse of the argument, showing the opponent's arguments do not carry as much weight as their arguments, or taking out the link between the opponent's argument and the priority they establish in the round. Students can pre-write their answers to arguments they expect their opponents to make. These are commonly known as "blocks."

Flowing

It is important for debaters to learn how to keep track of arguments in the round. Typically debaters "flow" the debate round—making note of the arguments presented and refuted in the round. This note-taking approach requires students to abbreviate terms, phrases, and ideas so that they can get as much of the debate notated as possible. Here are some tips:

- Two sheets of paper. One page will be for anything said about the affirmative, the other for anything said about the negative, regardless of which debater is saying it. Each speech in the round will receive its own column on these pages.
- At least one pen, but we recommend two, in different colors.
- If the opponent is speaking, write (don't try to determine what's important at the outset—just write as much as you can)
- Orient both pieces of paper vertically, like a book. Note that columns will be narrow, which will increase the need for accurate/efficient abbreviations.



Standing it Up/Practicing

It is a great idea to do practice rounds before going to your first tournament. At first, it may seem you do not have enough to say to fill up the speech times. However, that will change with practice. The first round could be a stop and go round where a coach stops you when there's a missed opportunity or confusion about what to do during the speech. During these rounds, you may re-give speeches until you or the coach are satisfied with the speech. Additionally, students should practice delivering prepared speeches focusing on emphasis, eye contact, and fluidity.

Performance Tips

When at your first tournament it is important to keep in mind that it gets easier with more practice. The goal is not about where you begin, but where you end. Improving from round to round, and tournament to tournament, is the true mark of success. Focus not only on what you could enhance, but also on what you did well. Take feedback from judges as opportunities to improve. If they provide oral feedback, take notes on what they share to review with your coach. Finally, do not fixate on the wins and losses—it won't lead to greater success!

Resources

The Association offers great resources to our members. These include recorded videos, written topic analysis, research guides, a textbook, and more! Once you join the Association and register on our website, you can access these through your "dashboard." From there you can click on "debate resources," then select "Public Forum."

Competition Events – At A Glance

An Introduction to Congressional Debate (CD)



Event Description

A simulation of the U.S. legislative process in the Senate and the House, students generate a series of bills and resolutions for debate in *Congressional Debate*. Debaters (also referred to as Senators and Representatives) alternate delivering speeches for and against the topic in a group setting. An elected student serves as a presiding officer to ensure debate flows smoothly. Students are assessed on their research, argumentation, and delivery skills, as well as their knowledge and use of parliamentary procedure.

Considerations for Congressional Debate

Students who do Congressional Debate are typically interested in learning about issues that are significant to the legislative process within the United States. Students are exposed to a deeper application of *Robert's Rules of Parliamentary Procedure*. Students must prepare for debate on numerous topics in any given competition and be able to extend a long-lasting debate with unique and fresh ideas, as well as by refuting previous speakers on a specific topic.

Traits of Successful Congressional Debaters

When considering what event you should choose, or in which direction to point a student when selecting an event, below are some general traits of successful Senators and Representatives to keep in mind:

- Interested in legislative process
- Networker
- Analytical thinker
- Interested in varied issues
- Persuasive
- Enjoys research

List of Past Legislation Titles

- Bill to Regulate E-Cigarettes
- Resolution to Recognize the Republic of Somaliland
- Resolution to Amend the Constitution to Legalize Same-Sex Civil Unions
- Bill to Update the Clean Air Act
- Bill to Increase Development in Space
- Bill to Regulate Three-Dimensional Printing to Prevent the Production of Private Firearms
- Bill to Lift the Ban on Crude Oil Exports
- Bill to Alter Agricultural Subsidies
- Bill Concerning Raising the Federal Minimum Wage
- Resolution to Repeal Zero Tolerance Policies in Public Schools

Learn More! The National Speech & Debate Association is the leading provider of competitive and educational resources to aid students and coaches as they explore our competitive events. For *Congressional Debate*, we provide a number of helpful resources—including live and recorded webinars designed to introduce foundational and advanced concepts in Congress; access to Congress final round videos; a Congress textbook; sample Congress dockets; and much more! Take advantage of the amazing benefits of being a member by using our resources to help you advance yourself in competitive speech and debate activities. For more information, visit www.speechanddebate.org.

Find Your Voice

Congressional Debate is an exercise in leadership. It's a political game where your fellow students can have as much influence on the outcome of the round as your judges. You're rewarded for taking risks; one cannot simply fade into the background and expect to succeed. It's these exact skills that translate into success later in life—those who think a little bit differently are those who make permanent change in the world."

— **Christina Gilbert, Association Alum**

Middle School Competition Events – At A Glance

Congressional Debate (CD)



Basic Understandings

Congressional Debate is like a simulation of the real United States legislature. A group of 10-25 students, called a Chamber, will compete in a legislative session. A series of bills and resolutions will be proposed by students from various schools. Students in turn will be selected by a presiding officer—a student elected to conduct the business of the round—to give speeches both advocating for and encouraging the defeat of the measure in front of them. Following each speech, competitors will be able to pose questions of the speaker. Once debate is exhausted on a particular item, the chamber will vote either to pass or fail the legislation, and debate moves on to the next item.

Legislation comes in two types—a bill and a resolution. A bill is a plan of action, detailing how a particular policy proposal will be implemented. A resolution, meanwhile, is a statement expressing the opinion of the chamber. Passing the resolution does not change anything about the world around us, it merely states the preference of the chamber. For example, let's say a school had a dress code. The student body may pass a piece of legislation expressing their displeasure with the dress code (a resolution) or legislation modifying the colors and styles of the school uniform (a bill).

At the beginning of the session, the students will elect a presiding officer, otherwise known as the PO. The PO's job is to select speakers to give speeches, select questioners, maintain decorum in the chamber, and facilitate a fast and smooth debate for all.

Typically, one session of Congress lasts about 2-3 hours. During that time, students typically give speeches 3 minutes in length. The first two speeches on a piece of legislation are known as the first advocacy, or first pro, and the first rejection, or first con. These speeches are followed by 2 minutes of cross examination. After the first pro and con speech are established, each additional speaker is subject to one minute of cross examination by the chamber. The PO selects the members of the chamber to ask the questions of the speaker.



Research

Congress arguments generally have solid evidence supporting their claims. Evidence can come from anywhere—newspapers, journal articles, studies, books, primary documents, etc. The type of evidence varies based on the topic being debated, but when gathering research, you want to ask yourself four questions:

1. Is the source reputable? Sources should have a good reputation for 'getting it right'—newswires such as the AP and Reuters tend to be less credible than newspapers. Wikipedia is good background reading to get an overview of a topic, but doesn't have a reputation of being a credible source.
2. Is the source verifiable? This refers to the ability to verify the data and claims made by the source. If a source is based on a personal interview or some other insider knowledge, that generally cannot be verified through independent means.
3. Is the source authoritative? Different sources are expert at different fields. The Office of Budget and Management is an authority on budget policy on the US, but may not be the ideal source for a resolution about foreign policy in the Middle East. Think about whether the source in question is an expert on the field the legislation is about.
4. Is the source recent? While not every source has to be up-to-the-minute, generally, the more recent the source, the better. As current events evolve, older sources may become outdated or irrelevant, but the nature of timeliness will vary based on the topic.

Middle School Competition Events – At A Glance

Congressional Debate (CD)



When presenting the evidence to support your claims in the round, students may read the evidence verbatim, or paraphrase. Students would be wise to keep copies of the original source for all evidence used in a speech, including that evidence which is paraphrased. Since paraphrasing is common in Congressional Debate, backing up the paraphrasing with the original source will help eliminate any question that may arise. Oral source citations should also be provided—state the name of the source and the date of publication. For example, “The *New York Times* claims on August 15, 2014 that malnourishment is plaguing the nation of Sudan.”



Structural Components

A Congress speech typically consists of an introduction, a series of arguments and a conclusion. The introduction should be a succinct overview of what is to come in the speech—an attention-getter to get the audience focused, a clear thesis statement, and a preview of the arguments to come. Try to contain the introduction to about 30 seconds—anything longer than that eats up valuable time for content!

Each argument consists of a claim, backing to support that claim, a warrant, and one or more impacts. The claim is simply the argument being made—without support though, the claim is not inherently valid. Thus, it needs backing, or logic and evidence to support why the claim is true. The warrant connects the backing to the claim—it serves as support for why the backing is relevant to the claim. This may be an unstated assumption: for example,

let’s say the claim is that Program X is a waste of money and the backing is that Program X costs ten billion dollars. The warrant here might be “that’s too much money to spend on this program.” The argument concludes with an impact—the benefits or drawbacks of the argument being true. By spending too much money on Program X, we won’t have the money to spend on some other initiative that would be good. Or by spending this much money on Program X, certain harms will be generated that we want to avoid.

The arguments in a Congress speech can either be constructive in nature or they can serve as refutations to arguments posed by the other side. Constructive arguments build up support for one side of the debate; rebuttals tend to refute arguments on the opposite side. As debate progresses, it is important to avoid rehash, or the mere repeating of previous arguments. Generally speaking, the later the speech is on a given topic, the higher expectation there is to refute and debate previous arguments. After all, ‘refutation’ is an essential element in any debate event!

Congress speeches end with a conclusion that recaps the main points, repeats the introduction, and ties the speech together thematically.



Organizing

When preparing your Congress materials, organize research by legislation. It helps to ‘tag’ your evidence by indicating what claim or arguments that evidence supports. Include

Middle School Competition Events – At A Glance

Congressional Debate (CD)



a full citation in your notes so you can refer to the original source again should you need to.

You can even organize responses to potential arguments that may be raised throughout the course of debate. If you encounter the same piece of legislation at multiple tournaments, it helps to keep track of the arguments made by other speakers and prepare responses to those claims in advance. Organize your research in a way that will make it easily accessible to you during the session.

Be prepared to debate both sides of the legislation—some topics may encourage many advocacy speeches, so giving a speech opposing the legislation will be more advantageous. Be mindful of the balance of speeches in the chamber and adjust accordingly.



Standing it Up/Practicing

Giving practice speeches is a great way to get familiar with the mechanics of the event. You can either give speeches on your own, or ask a teammate(s) to debate with you to get familiar with the event. It helps to try to simulate the conditions of the Congress round as much as possible—use the same kind of notes you would in an actual speech.

It may be useful to prepare questions to ask both before the tournament as well as during the session. Having a few good questions prepared is always a good strategy, especially if someone who is called on before you asks a similar question to yours! One tactic may be to see how many questions you can ask of a teammate even though in the real round you may only get one question in.

Performance Tips

In your first Congress chamber, the key is confidence! Act like you've done this before and follow the lead of your fellow competitors. While it can be intimidating at first, your goal should be to get as many questions and speeches in as you can.

The basic delivery mechanics can take you a long way—eye contact, posture, physically walking between your points to indicate transitions, volume and projection, enunciation, etc. Practice these skills before the tournament so you are sure to demonstrate your mastery in the round!

As the round progresses, notice not only who stands out but why. What is it about their performance that is so appealing? Are they well researched? Do they have solid evidence? Keep track of the kinds of performances that stand out to you so you can focus on those skills in practice!

Resources

The Association provides resources on its website to help debaters get started in Congressional Debate. In addition to videos of previous final rounds, we offer videos to help you understand a session, argument selection, logical fallacies, as well as an archive of webinars on both topics frequently covered in Congressional Debate and strategies for approaching the activity. We also offer a guide for getting started in debate and templates for developing bills and resolutions.

Congressionaldebate.org is a great resource to help you get started. There you will find comprehensive guides on presiding in round, writing legislation, templates to help you craft bills and resolutions, developing arguments, and other tips and tricks.