

“

DEBATE TAUGHT ME HOW TO THINK
ON MY FEET, HOW TO ORGANIZE MY
IDEAS, AND HOW TO BE ACCEPTING
OF ALL PEOPLE AND POSITIONS.



RACHEL D'ONOFRIO

Niles West High School, IL – Class of 1995

*Member of the first all-female Policy Debate national
championship team*



www.speechanddebate.org

WE ARE SPEECH & DEBATE

”