“As a student or coach member of the National Speech & Debate Association, I pledge to uphold the highest standards of humility, equity, integrity, respect, leadership, and service in pursuit of excellence.”

**HUMILITY:** A member does not regard oneself more highly than others. Regardless of a person’s level of success, an individual always looks beyond oneself to appreciate the inherent value of others.

**EQUITY:** A member respects individuals and their individual differences as well as fosters equity, diversity, and inclusion. A member promotes empowerment for people from all backgrounds, including race, religion, gender, sexual orientation, and ability.

**INTEGRITY:** A member is honest, ethical, and adheres to the competition and conduct rules of the organization. A member follows the NSDA discrimination and harassment policy and abides by the rules of their schools, tournaments, and localities.

**RESPECT:** A member demonstrates civil discourse in their interactions with others. A member maintains and contributes to a safe space and welcoming environment for all.

**LEADERSHIP:** A member is aware their words and actions influence others. A member commits to thoughtful and meaningful words and actions that reflect NSDA core values.

**SERVICE:** A member exercises their talents to provide service to peers, community, and the activity. At all times a member is prepared to work constructively to improve the lives of others.